

## Yoga Teacher Training in India at Yoga School Rishikesh Yog Peeth – Schedule 2013

/EINPresswire.com/ 200, 300 and 500-hour residential hatha yoga teacher training programs in India registered with Yoga Alliance at yoga school <u>Rishikesh Yog Peeth</u> - RYS 200, 500.

Rishikesh Yog Peeth, a registered school with Yoga Alliance, USA as RYS 200 & 500, announces its schedule for 200, 300 and 500-hour residential hatha yoga teacher training courses in 2013. It has been successfully conducting yoga teacher training programs in India since 2006. It has gained in popularity as one of the leading <u>yoga schools in India</u> because of the high standards it maintains in all departments. The fee is reasonable and includes all meals on campus as well as leisure and adventure activities on weekends. Rishikesh Yog Peeth conducts yoga courses in premises that are self-sustained and well equipped and all within the vicinity of the spiritual Ram Jhula locality of Rishikesh.

Yoga instructors at Rishikesh Yog Peeth have successfully formulated a simple method for teaching the ancient yogic wisdom in way that is easy for modern day yoga students to understand and apply to their lives. The teachers are steeped in tradition yet they are open minded enough to communicate yogic philosophy with a contemporary approach. The effectiveness of how well yoga is taught and practiced here can best be ascertained from the continual support it gets from former students who make return visits here repeatedly.

• "Our focus is on laying a sound foundation, based on authentic knowledge and practices so that students can grasp the principles that direct this amazing system. Then they can build on the same and explore the practice further with confidence and ease", says Roshan Singh, founder president of Rishikesh Yog Peeth.

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Yoga Teacher Training in India – 2013

- » 04 February to 16 March 2013 (200-Hour Certification RYT 200) :: Fully Booked
- » 18 March to 27 April 2013 :: US\$ 1500 (300-Hour Certification RYT 500)
- » 01 April to 11 May 2013 :: US\$ 1250 (200-Hour Certification RYT 200)
- » 03 June to 13 July 2013 :: US\$ 1250 (200-Hour Certification RYT 200)
- » 15 July to 24 August 2013 :: USD 1500 (300-Hour Certification RYT 500)
- » 05 August to 14 September 2013 :: US\$ 1250 (200-Hour Certification RYT 200)
- » 07 October 2013 to 16 November 2013: US\$ 1350 (200-Hour Certification RYT 200)

- » 18 November to 28 December 2013:: US\$ 1500 (300-Hour Certification RYT 500)
- » 02 December 2013 to 11 January 2014: US\$ 1350 (200-Hour Certification RYT 200)
- RYT 500 Eligibility: 200 hour yoga teacher training from a yoga school registered with Yoga Alliance, USA
- Booking amount due with the application is US\$ 200 (non-refundable advance towards the course fee)
- Course fee includes food & accommodation (private room with attached bath)

## Registered Yoga School in India – Rishikesh Yog Peeth – RYS 200, 500 🛘

Rishikesh Yog Peeth's approach to yoga is as unique as traditional knowledge is imparted with contemporary delivery. The emphasis is on communicating the essential principles of yoga in a clear and accessible format. In this way students imbibe a deeper understanding of the yogic tradition as well as a better knowledge of how their body works. Yoga aspirants from all around the world have been enrolling for courses here and have helped the spread yogic knowledge in their home countries.

Rishikesh Yog Peeth, a yoga school registered with Yoga Alliance as RYS 200/500, conducts 200, 300 and 500-hour residential hatha yoga teacher training programs, yoga courses for beginners and yoga retreats in India.

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