

# Don't let acne ruin your confidence, whatever your age

/EINPresswire.com/ UK (submitpressrelease123.com - press release) Good skin is a pre-requisite at any age, and spots, rashes and redness can greatly affect confidence. One in five women between the ages of 25 and 40 suffer from adult acne(1), affecting thousands across the UK.

<http://www.harleymedical.co.uk/>>The Harley Medical Group</a> is experienced in treating acne problems, with a number of clinically proven acne skin treatments available. As well as acne, the treatments can also help tackle rosacea, a condition which is commonly associated with adult acne causing a red rash with bumps to appear on the skin. Virtually pain-free, patients are not required to take medication with The Harley Medical Group's <http://www.harleymedical.co.uk/non-surgical-solutions/>>non-surgical cosmetic procedures</a>, which are non-invasive and require no recovery time.

The Group offers FDA-approved treatments including PPx/Isolaz which is the only approved laser treatment for acne. It is becoming increasingly popular, and effective; in a recent study 64% of people who did not respond to topical treatments, antibiotics or painful laser treatments had 75% clearance. A deep pore cleansing acne treatment, PPx/Isolaz leaves skin feeling cleaner, clearer and more radiant; and most patients see a very good result within five treatments (at weekly to three weekly intervals).

The expert team at The Harley Medical Group have also launched a skincare range, with products which can help tackle the effects of acne. Ultra Anti-Bac Cream incorporates a combination of natural ingredients formulated to help reduce skin breakouts and the appearance of pimples, pustules and comedones for oily skin types. It has also shown to have a potent regulating effect on elevated sebum production, with strong anti-inflammatory and anti-microbial properties resulting in improved complexion and skin tone.

Anti-microbial Cell Renewal Cream is a hard working blend of active ingredients containing a botanical seed extract that increases blood flow and helps to recover skin cell turnover. Natural willow Bark plant extract provides anti-microbial and exfoliating activity whilst smoothing the skin's surface.

Alison Davidson, acne patient at The Harley Medical Group, says: "I suffered the occasional skin breakout as a teenager, but nothing can compare to the confidence-crushing of having adult acne. I was constantly self-conscious and would spend hours applying makeup to disguise my

bad skin. Laser treatment, combined with the Microbial Cell Renewal Cream, has not only cleared up my acne, it has made my skin look glowing and younger - I am so relieved I had the treatment."

For information please see:

<http://www.harleymedical.co.uk/non-surgical-solutions/acne-solutions/>

Find Harley Medical on the web and social media:

Twitter: <https://twitter.com/harleymedical>

Website: <http://www.harleymedical.co.uk/>

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#### NOTES TO EDITORS:

The Harley Medical Group is the UK and Ireland's largest cosmetic surgery provider, performing more procedures and with more clinics than any other cosmetic surgery group. It has been established since 1983 and is one of the most highly regarded Cosmetic Surgery Groups operating in the UK. It has treated over 500,000 patients to date.

The Harley Medical Group works tirelessly to maintain the highest standards in the industry for the benefits all cosmetic surgery and non-surgical patients. We are currently at the forefront of the campaign to ensure that the Government continues to regulate the use of certain laser types used in cosmetic surgery and non-surgical treatments so that patients are protected from rogue practitioners.

In 2004, The Harley Medical Group's Chairman Mel Braham, at the request of the Department of Health became a member of the department's Steering Committee, set up to oversee the introduction of new regulations covering the entire Cosmetic Surgery sector. All of The Harley Medical Group's clinics are registered with the Care Quality Commission. There are now 31 clinics in the UK and Ireland: London (Harley Street, Wimbledon, The City, Chiswick, Finchley & Watford), Marlow, Birmingham, Leeds, Brighton, Bristol, Manchester, Newcastle, Chester, Nottingham, Southampton, Cardiff, Chelmsford, Dublin, Northampton, Cambridge, Maidstone, Belfast, Reading, Sheffield, Liverpool, Bromley, Glasgow, Cheltenham, Leicester and Guildford.

The Harley Medical Group is renowned for introducing and pioneering most new surgical and non-surgical techniques to the UK and Irish markets. All new treatments and techniques are first thoroughly researched and tested before they are submitted for approval by the Group's Medical Advisory Board.

#### PRESS ENQUIRIES:

Imogen Holmes or Lucy Page  
Rain Communications

020 7828 0118

imogen.holmes@raincommunications.co.uk

(1) <http://beauty.about.com/od/skinflaws/a/adultacne.htm>

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