

# "Create in me a Pure Heart, O God, and Renew a Steadfast Spirit Within. -Psalm 51:10 (New International Version)

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/EINPresswire.com/ It is amazing that even after all the latest research in the mind sciences; wisdom education is still below the radar screen. Main stream science has tried and tried to understand wisdom and has more or less given up on ever being able to define wisdom. In fact the standard definition of wisdom is that wisdom cannot be defined in words. Attempts to teach wisdom at best are half hearted as whatever science cannot define it believes it cannot teach. However a mother does not need to define wisdom in order to raise a wise child. In fact she does not teach wisdom, she just treats the child with loving care and provides a healthy upbringing. She molds the child's personality into an emotionally healthy self. In other words she creates a healthy brain that has little emotional baggage, without consciously teaching wisdom.

A healthy upbringing creates a healthy brain that projects a healthy mind that powers a healthy emotional self. The fundamental factor in creating wisdom is a super mature emotionally healthy upbringing. It is not the knowledge of wisdom that makes the physical brain emotionally healthy; it is the loving, caring, healthy upbringing that creates the physical changes in the brain that make it unconsciously project wisdom. '

Current wisdom education tries to give knowledge about wisdom to the brain, while making no attempt to physically change the brain to project wisdom. Wisdom at the super mature stage is an unconscious product of an emotionally super healthy brain. No wonder attempts at conscious wise behavior through learning wise behavior are a failure as teaching wisdom has no effect on physically improving the emotional condition of the brain. The only effective way the brain can become wise is not through learning; only through brain therapy. The brain is like an ore that needs physical refining.

The attributes of wisdom are exactly the attributes of super mature emotional intelligence. In fact wisdom is super mature emotional intelligence. While emotional intelligence is a new term coined by science; wisdom has been researched since the dawn of philosophy thousands of years ago. Religion has an edge on wisdom and so religion has an edge on emotional intelligence

In spite of all the progress in the mind sciences, the connection between the physical brain and emotional intelligence is still fuzzy. It is amazing that the link between a clean brain and

emotional-intelligence/wisdom is not obvious to our wisdom experts, even though it is clear that an emotionally challenged brain is the cause of emotionally challenged behavior, which is unwise behavior!!! Can one even imagine unwise/ignorant behavior originating in an emotionally super mature brain! It is very clear that wisdom/emotional-intelligence education is about making the brain physically emotionally healthy.

In contrast the Bible is making clear the importance of a pure heart; which it mentions over 700 times! The heart in science terms is the brain. The Bible mentions the pure heart as the foundation of a wise life. Which means the Bible is saying again and again to clean the brain; in other words the Bible is saying to remove the emotional baggage from the brain. Clearly removing the emotional baggage from the brain is wisdom education. We already have brain therapies that make the sub-normal brains normal. We must use the same therapies to make the so called normal brains into super mature emotionally healthy brains.

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The 4th R Foundation which is a non-profit education research foundation that researches informal/emotional intelligence education, human nature, brain, mind, conscientiousness, self, wisdom, life coaching, adult reeducation, shyness, self image, emotional brain baggage etc.

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