

President Obama: You Have the Opportunity to Transform America Into a Wise Nation.

/EINPresswire.com/ What was missing from the inauguration address is the agenda of hope and change. The grand vision of changing America it seems has largely been given up.

America is largely a trophy self image driven society. America can be changed into a pure self society. The majority of Americans can be changed into their pure self. It is our goal to wake up America to the emotional baggage that runs our lives.

No one is perfect, neither are you. Your biggest emotional baggage is also your biggest asset. Given what we know about your life we have identified your emotional baggage as follows: Your White grandmother told you not to trust the Blacks and that they are no good. You identified your self as Black. You decided to prove to your grandmother that you are better than all and every White! This led you to over-prepare yourself in your studies and your behavior.

Most great leaders have emotional baggage and yours came together in making you a far more well/over-prepared expert in law and community organization. As you climbed up the political ladder you started over-preparing in most of the fields that required your attention. In other words you always over did your home work. Your unconscious urge to excel any and all experts in the room led you to a better and better grasp of issues. Your emotional baggage is the booster rocket that has propelled you into a such high orbit of over the top emotional intelligence but you do not need it any longer. It needs to break off and leave you free to get to even higher heights!

You pay attention to every detail of every major and every minor issue. From now on you must focus on just the broad strokes of just the major issues and leave the details to the experts and especially do not try to become the expert of experts on all topics. The side effect of your over preparing leads often to your physical brain being tired, which produces a disengaged mind. The perfect example is your lack luster performance in the first debate. This is also the reason why you need the teleprompter sometimes. You do not need to show up with a tired brain and disengaged mind any longer.

Next you must wake up to the huge mess in education that after spending trillions of dollars we now have a trillion dollar student debt. We spend the bulk of our education budget on making every student a jack of all trades. We even force those who are not suited to become jack of all trades to struggle and struggle with their studies. Every single task requires professional skill.

What is a jack of all trades good for? Not much, as even the lower skill jobs need professional expertise.

And worse we produce 80% emotionally challenged brains. Simply because we teach the mind while we ignore brain education and even miseducate the brain. Emotionally challenged brains are responsible for such high rates of crime, divorce, depression, drug addictions etc. Crime alone drains our resources of over 1.3 trillion. Just imagine the total cost of emotionally challenged behavior. We need to wise up our education policy by introducing a new compulsory subject that teaches wisdom/emotional intelligence. We have to train parents and teachers to create emotionally super mature Americans. Those that are older we need to introduce 'retuning the brain seminars' to get rid of the emotional baggage.

Please do not give up your goal of hope and change. You can still transform America into full of hope and change by making America super normal by getting rid of our trophy self image and becoming our pure self.

Above all you have wisdom which is a part of you from early on. Combined with your over the top intelligence it has made you into an exceptionally great president. Just imagine yourself without any emotional baggage; what a greater president you will become! This emotional baggage must be taken out of your unconscious brain.

You have to remove your emotional baggage and that of the American people. Just imagine an America where the vast majority of the population is professionally and emotionally wise.

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The 4th R Foundation which is a non-profit education research foundation that researches informal/emotional intelligence education, human nature, brain, mind, conscientiousness, self, wisdom, life coaching, adult reeducation, shyness, self image, emotional brain baggage etc.

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