

# Young North Yorkshire entrepreneur brings holistic therapy to Lightwater...

/EINPresswire.com/ UK (submitpressrelease123.com - press release) 21 year old Claire Almack from North Stainley is bringing something different to [Lightwater Country Shopping Village](#), as her holistic therapy business, Naturally In Touch, opens at the village this month.

A business set up and run by Claire, who is a qualified complementary therapist and member of the FHT (Federation of Holistic Therapists), Naturally In Touch offers holistic therapies which work to promote and encourage the body's natural healing methods. Holistic therapy takes a balanced approach that looks at all the aspects of a person, including emotion and mood, taking into account the mind as well as the whole of the body.

The first non-retail based concession to open at Lightwater Country Shopping Village, the decision to branch out into holistic therapy marks the beginning of a time of change for Lightwater. Chief Executive Mark Bainbridge comments:

"Claire is the perfect new addition to our Shopping Village. Complementary therapy is a growing market so Naturally In Touch is a welcome partner that is already proving extremely popular with our customers. High quality products, experiences and services are incredibly important to us and businesses like this are what makes Lightwater stand out from other resorts and attractions."

Naturally In Touch offers individual treatments in massage, reflexology, and aromatherapy; including a range of aromatherapy facials and also manicures and pedicures. The shop also offers retail products such as natural soaps, skincare and body care, oils and oil burners along with gift vouchers for treatments to make a great day of [shopping in Yorkshire](#).

For more information about Naturally In Touch, including opening times and prices please contact Claire Almack on 01765 634525 or [claire@naturallyintouch.co.uk](mailto:claire@naturallyintouch.co.uk).

For further information on days out at Lightwater Valley [theme park](#) visit [www.lightwatervalley.co.uk](http://www.lightwatervalley.co.uk)

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