

Breast Is Best, says The Harley Medical Group

/EINPresswire.com/ UK (Submitpressrelease123.com - press release) The shape and look of a woman's breasts are affected by many factors including pregnancy, exercise and weight gain/loss. Irreversible damage can be done to breasts, if they aren't properly supported, particularly during exercise. When breasts move around, the ligaments are stretched, and there is no way to repair the stretched ligaments, leading to drooping and sagging breasts, which can affect women's confidence.

For some women who are unhappy with the size and shape of their breasts, Breast Augmentation surgery is the solution for them, and the medical experts at The [Harley Medical Group](#) have been treating women for 30 years. Breast Augmentation is most suitable for underdeveloped breasts, asymmetrical breast or reduced breast due to weight loss or pregnancy.

Hannah Roberts, senior nurse at The Harley Medical Group, says: "During the procedure, incisions are made along the natural crease of the breast, in the armpit or the underside of the nipple area, and the implant is then inserted behind the natural breast tissue. The surgery takes between one and two hours, and patients stay in hospital overnight.

Immediately after surgery patients wear a specialist sports bra for between eight and 12 weeks after the operation, to provide strong support for the breasts, during the recovery process. Most patients rest at home for around a week, before returning to work.

Linda Hayle, 43 year old Breast Augmentation patient at The Harley Medical Group, says: "After I had my two children, I noticed my breasts had changed shape considerably; they were quite saggy and I lost a lot of the fullness. I started looking into my options, and decided to have surgery after I had researched online and spoken to a couple of my friends who had surgery. I'm so pleased I did it; the medical team looked after me so well, and I'm thrilled with the results. It's given me a new lease of life!"

For information please visit <http://www.harleymedical.co.uk/>

You can now follow The Harley Medical Group on Youtube:
<http://www.youtube.com/harleymedicalgroup>

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Find Harley Medical on the web and social media:

Twitter: <https://twitter.com/harleymedical>

Website: <http://www.harleymedical.co.uk/>

NOTES TO EDITORS

The Harley Medical Group is the UK and Ireland's largest cosmetic surgery provider, performing more procedures and with more clinics than any other cosmetic surgery group. It has been established since 1983 and is one of the most highly regarded Cosmetic Surgery Groups operating in the UK. It has treated over 500,000 patients to date.

The Harley Medical Group works tirelessly to maintain the highest standards in the industry for the benefits all cosmetic surgery and non-surgical patients. We are currently at the forefront of the campaign to ensure that the Government continues to regulate the use of certain laser types used in cosmetic surgery and non-surgical treatments so that patients are protected from rogue practitioners.

In 2004, The Harley Medical Group's Chairman Mel Braham, at the request of the Department of Health became a member of the department's Steering Committee, set up to oversee the introduction of new regulations covering the entire Cosmetic Surgery sector. All of The Harley Medical Group's clinics are registered with the Care Quality Commission. There are clinics nationwide in the UK: London (Harley Street, Wimbledon, The City, Chiswick, Finchley & Watford), Marlow, Birmingham, Leeds, Brighton, Bristol, Manchester, Newcastle, Chester, Nottingham, Southampton, Cardiff, Chelmsford, Northampton, Cambridge, Maidstone, Reading, Sheffield, Liverpool, Bromley, Glasgow, Cheltenham, Leicester and Guildford.

The Harley Medical Group is renowned for introducing and pioneering most new surgical and non-surgical techniques. All new treatments and techniques are first thoroughly researched and tested before they are submitted for approval by the Group's Medical Advisory Board.

Treatments include the [removal of stretch marks](#), ear surgery with Harley Medical Group and more.

PRESS ENQUIRIES:

Imogen Holmes or Natasha Bradley

Rain Communications

020 7828 0118

imogen.holmes@raincommunications.co.uk

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