

First UFC Female Champion Ronda Rousey Tells Her Rags to Riches Story in Quest Nutrition Exclusive

/EINPresswire.com/ <u>Quest Nutrition</u> goes behind the scenes with UFC's <u>Ronda Rousey</u>.

Quest Nutrition, a Southern California-based functional foods company, presents "Ronda Rousey - On a Quest from Rags to Riches" by Michael Mardones and Daniel Goland. Quest sponsored this incredible behind-thescenes look at the world's greatest female fighter as Ronda geared up for her first major UFC fight.



"Quest is committed to inspiring and motivating people to greatness. Ronda has shown that anything is possible and is a true inspiration to athletes everywhere," said Quest President Tom Bilyeu.

Rousey had plenty of opportunities to quit and not chase her UFC dreams when she had no money, food, gas or even clean clothes. Despite everything, Ronda refused to give up.

Through the compelling YouTube documentary, viewers go behind the glitz and glamour to see someone who trains and works at her craft 24/7. Rousey's story is a culmination of fighting for survival, for life and for her passion.

Watch the documentary now at http://www.youtube.com/watch?v=v|6U|xD8rIM.

About Quest Nutrition: Headquartered in Marina Del Rey, California, Quest Nutrition is committed to producing delicious functional foods that make no nutritional compromises, with products available online, and in over 5,500 stores across the U.S., including GNC and The Vitamin Shoppe. Quest Nutrition helps fuel and inspire everyday active, health-conscious consumers, top fitness competitors, bodybuilders, yoga enthusiasts, low carb dieters, and professional athletes. View Quest Nutrition's entire product line at QuestNutrition.com.

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