

Garcinia Cambogia: Top Doctor calls it the "Holy Grail" of Weight Loss

/EINPresswire.com/ [Garcinia Cambogia](#) is the latest buzz in the "battle of the bulge". Since recently being studied on the popular Doctor Oz TV show, millions of people are praising this so called "miracle weight loss pill". Surprisingly, many people who struggle daily with their weight have yet to hear about it.

Normally, "weight-loss" supplements are not recommended by doctors, especially weight-loss supplements that claim "easy" weight loss or "fast" weight loss. The key to weight loss is a healthy diet and exercise, but there are some incredible super foods that can deliver an added boost. One super food in particular, the Garcinia Cambogia Extract, is creating major media buzz, and the research is truly amazing.

But it's not just celebrity TV Doctors claiming the fat loss effects of Garcinia Cambogia, there is real clinical data to back up these claims.

Participants Lost 17 Pounds in 12 Weeks (16% Body Fat)

A recent clinical study followed 135 people who were supplemented with 1500mg of Garcinia Cambogia and strictly monitored for only 12 weeks. On average, the participants lost 17 lbs each. That's 16% of their overall body fat and 10.5% body weight.

There were no side effects reported. This is very exciting information and one reason why Garcinia Cambogia is probably the most effective weapon against the obesity epidemic in our country.

Perhaps the most surprising part about this study is the fact that the participants were told not to change their diet or daily routine at all. That's right, they lost an average of 17lbs in 12 weeks without exercise or changing their diet. The full clinical study can be found by [Clicking Here](#).
Disclaimer: Even though participants in this study did not change anything in their diet or daily routine, results may vary.

How To Choose a Good Garcinia Cambogia Extract?

There are several factors to consider when looking for the right Garcinia Cambogia extract. Where did the Garcinia Cambogia come from? Is the extract 100% pure? Does it have the right

dose per serving? Does it contain over 50% HCA (hydroxycitric acid)? Is it produced in a FDA registered laboratory? Is it manufactured under the strict guidelines of the U.S. Food and Drug Administration?

Which Is The Best Garcinia Cambogia Extract Brand?

With dozens, if not hundreds, of garcinia cambogia products being sold online, selecting one that will actually work can be a difficult task. Further research shows that "Miracle Garcinia Cambogia" to be the top choice for a Garcinia Cambogia extract. It's the only one that not only meets all of the recommended criteria, but it exceeds it.

"[Pure GCE](#)" is a premium 100% pure garcinia cambogia product that has 1500mg's per serving and has 60% HCA, which we know is the key to weight loss. And to top it off it's manufactured in a FDA registered and GMP certified laboratory.

Because of the recent publicity, "Pure GCE" is currently sold out in stores. It is currently available only online, and there is a limited time 50% discount to the public, while supplies last. In addition, each order is a one-time-only transaction. In other words, there are no reoccurring charges or hidden offers.

This special promotion for "Pure GCE" will not last long, and your 100% risk-free bottle will arrive just a few days after ordering and includes a full 30-day supply.

To Receive Free Shipping & 50% OFF - [Click On This Link](#)

"Pure GCE" - Exclusive Offer - Supplies Are Limited

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