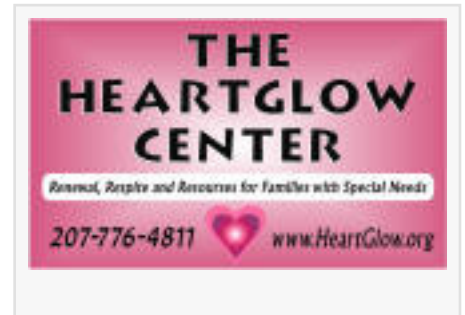


# Transform 2013 to bring leading national voices in Mind, Body, Spirit to Maine to benefit families with special needs.

/EINPresswire.com/ PORTLAND, MAINE - March 18, 2013 -- Final preparations are underway for Transform 2013, a two-day benefit conference bringing together authors, speakers and professionals in the field of mind, body and spirit from across the country. Each expert is focused on providing tools and techniques to educate and assist us all with transformation in our lives.



The event will include over 20 local and national experts, featuring:

Dr. Paul Coleman, psychologist, author and frequent contributor to national media outlets including Parenting magazine and the Oprah and Today shows.

Kathy LeMay, global human rights activist, author, and the founder, president, and CEO of Raising Change. Kathy has also been featured in numerous national media, including World Pulse magazine, Oxygen TV and the Oprah show.

Amy Robbins-Wilson, Maine-based healing music artist, author and Art Therapist, whose music, books and online programs have been recognized with many national awards.

Deb Snyder, PhD, award-winning author, self-development expert and founder of the HeartGlow Center will be the event's host.

Transform 2013 will take place March 23rd and 24th at The Avant Dance and Event Center in Westbrook, Maine. For more information regarding our sponsors, speakers and to purchase tickets, visit <http://www.heartglow.org>. Advanced registration is required. All proceeds benefit the HeartGlow Center in support of its charitable mission and programs.

## About the HeartGlow Center

The HeartGlow Center is a nonprofit charitable organization dedicated to honoring the sacred devotion of family caregivers. We provide helpful gifts, recognition, holistic education, spiritual renewal, caregiver respite, practical resources and bereavement support for individuals and

families with special needs, disabilities and/or chronic illness. We lovingly recognize and celebrate the journey of the human spirit through life's unique circumstances and provide a sanctuary of love and understanding for the caregivers of the world.

[www.heartglow.org](http://www.heartglow.org)

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