

Dr. Oz Green Coffee Bean Extract can shed up to 18 pounds in 22 weeks

/EINPresswire.com/ UK (submitpressrelease123.com - press release) Dr. Oz has created a major buzz in the health sciences and weight loss industry in previous years, through his show [Dr.Oz green coffee bean extract](#). Since he has revealed his research findings on the weight loss abilities of green coffee beans, the product has gained high rises in its demand. A lot of people are turning towards natural remedies for their weight loss goals. Dr. Oz said that unroasted coffee beans are the major source of chlorogenic acid which works as a powerful antioxidant. According to Dr. Oz website: "while roasting green coffee beans removes its naturally bitter taste, it also removes a significant portion of chlorogenic acid. Hence, green coffee beans remain one of the best natural sources for chlorogenic acid."

Buy Dr oz Pure Green Coffee Bean Extracts Weight Loss Supplements at: <http://goo.gl/WMJrK>

The fact behind the success of [Green Coffee Bean Max](#) is not only the researchers' claims about its effectiveness, it is also backed by extensive clinical trials and studies which present the strong evidences that the chlorogenic acid inside the green coffee beans can really help to shed extra weight. According to one study, the participants lost an average of 17 pounds in 22 weeks while taking green coffee beans. Dr. Oz found that in his own clinical trial, that subjects taking green coffee beans lost an average of two pounds in one week.

The most important thing observed during the trials is that none of the subject reported any side effect. Therefore, it has been proved as safe and effective natural weight management supplement which a person can use without experiencing adverse effects. Basically the chlorogenic acid in the green coffee beans has been found to inhibit the fat absorption in the body and to stimulate the activation of fat metabolism. Both processes are the major contributors for fat burn. Chlorogenic acid may raise the body temperature and promote a natural fat burning process in the body, finally leads a person to weight loss.

Although, Dr. Oz has not recommended any particular green coffee bean supplement, normally experts prefer the supplement containing 45% of chlorogenic acid for better results and recommend the daily serving of 300 mg before each meal.

To find more reviews on Dr. Oz green coffee bean extracts, people can visit <http://www.greencoffeebeanmax-reviews.com>

This press release can be viewed online at: <https://www.einpresswire.com/article/142146731>

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