



# Does Day Light Saving Time Really Help Prevent Traffic Accidents?

/EINPresswire.com/ 1-800-Car-Wreck [Houston car accident lawyers](#) discuss information released by the US Department of Transportation.

Information released by the United States Department of Transportation indicates that Day Light Saving Time may actually aid in the prevention of [traffic accidents](#). With many still adjusting to the recent time change, some are curious to know just how an extra hour of daylight really makes a difference for drivers on the road. According to the US DOT, it aids in traffic accident injury prevention because more people travel to and from places like school or work and run errands during daylight hours. This surprisingly has a significant impact on saving lives, say the Houston car accident lawyers of 1-800-Car-Wreck.

Houston motor vehicle accidents occur daily and for a number of reasons. Driving during the daytime; however, allows drivers to have a better view typically of occurrences they may not be able to so readily notice during the nighttime. For instance, if a driver is coming towards another without their headlights on, they may not be noticed and hit as a result. Or if an obstacle is in the road that can lead to a serious accident, it is often very difficult to see at nighttime.

No matter what time of day a person chooses to drive, it is always important to make sure that they drive or operate their vehicle in the safest manner possible. For individuals who have been injured in a Houston motor vehicle accident caused by the negligence or wrongdoing of others, you may be able to recover compensation for damages in accordance with Texas personal injury law.

The [Houston accident attorneys](#) of 1-800-Car-Wreck are available to help those whose lives have been impacted by a serious car wreck. Contact the firm's attorneys today for a free case evaluation.

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