

Extractheaven.Com Announces New Reviews for Top Resveratrol Supplements

/EINPresswire.com/ After a series of research studies documented how high doses of the red wine ingredient <u>Resveratrol</u> may dramatically impede aging, sickness and weight gain, the market for Resveratrol products exploded.

In January 2009, 60 Minutes conducted a special on the benefits of Resveratrol dietary supplements. Numerous research studies and media specials reported on how high doses of Resveratrol, an ingredient found in red wine, can dramatically impede aging, sickness and weight gain.

Early indications of Resveratrol benefits surfaced when epidemiologists were studying the <u>"French paradox"</u>. Why did French people, eating a diet relatively rich in saturated fats have a low incidence of coronary heart disease? One hypothesis was that the French drink greater quantities of red wine, than in other countries like the US. Resveratrol is a is a polyphenolic compound found in grapes, red wine, purple grape juice, peanuts, and some berries. It has anti-inflammatory and antiviral properties. Research studies have indicated Resveratrol may possibly have the potential to extend life, prevent several different cancers, protect the heart, improve common diabetes symptoms, and control plaque in the brain potentially helping with Alzheimer's disease.

Known as the <u>longevity pill</u>, Resveratrol supplements have exploded in the market place. With many Resveratrol products currently being advertised today, it can be difficult and confusing to decide which one is the right one. To make the selection simpler, ExtractHeaven.com launched to review some of the top trending Resveratrol supplements.

ExtractHeaven.com currently ranks Reversetage as the number one Resveratrol supplement because it combines 4 other powerful antioxidants with Resveratrol to produce maximum results. Price, customer satisfaction, return policy and customer service were other top trending factors contributing to the scoring of the top rated product.

ExtractHeaven.com is a website dedicated to reviewing the top brands of Resveratrol supplements. The quality of Resveratrol contained varies widely across different brands. ExtractHeaven.com has created a list containing the most up-to-date information on the best Resveratrol supplements on the market.

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