

Region's Physicians Gather To Discuss Changing Face Of Stroke Treatment

Sponsored by Neurological Surgery, P.C. and Winthrop-University Hospital, "Tri-State Neurovascular Summit"
Featured Internationally Known Faculty

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More than 100 physicians, physician assistants and nurse practitioners from throughout the New York region gathered recently at New York's Harvard Club to

participate in the Tri-State [Neurovascular Summit](#): The

Changing Face of Stroke. The day-long medical education program, which was sponsored by Neurological Surgery, P.C. ([NSPC](#)) and Winthrop-University Hospital, brought internationally known experts together with local clinicians to discuss the latest treatments for stroke, carotid stenosis (blockage of the carotid arteries), intracranial aneurysms, vascular malformations and other serious conditions affecting the brain's blood vessels.



The course was co-directed by Jonathan L. Brisman, M.D., attending endovascular neurosurgeon with NSPC and Director, Cerebrovascular and Endovascular Neurosurgery, Winthrop-University Hospital, and by John Pile-Spellman, M.D., F.A.C.R., attending endovascular neuroradiologist, NSPC and Adjunct Senior Research Scientist in Columbia University's Fu Foundation School of Engineering. Faculty represented such internationally known institutions as Harvard Medical School, University of Pittsburgh School of Medicine, and the Seattle Neuroscience Institute, as well as Neurological Surgery, P.C., the tri-state area's premier neurosurgical private practice, and Winthrop-University Hospital, a leader in neuroscience in New York's downstate region.

"There are many new treatments that help 'save brain' in stroke and other neurovascular conditions," said Dr. Pile-Spellman. "We wanted to bring this stellar faculty together in an intensive program with the region's medical professionals, so that their patients can further benefit from the latest evidence-based treatments."

Stroke is the fourth leading cause of death in the U.S., killing 137,000 Americans every year and disabling many thousands more. New treatments are now available which can save more lives in stroke and related conditions.

"Our goal was to give local physicians an in-depth understanding of the state-of-the-art

modalities for assessing and treating both routine and complex neurovascular cases," said Dr. Brisman. "Our program covered not just common conditions like stroke, but less common yet nonetheless serious disorders including brain aneurysms and brain arteriovenous malformations (AVMs). We also wanted them to get a look at the future of neurovascular care."

Among the many topics covered were the potential of ultrasound as a treatment modality for brain disorders, the use of new imaging technologies for acute stroke triage, and the evolution of neurovascular surgery as a specialty. Drs. Brisman and Pile-Spellman presented cases on brain aneurysms, AVMs and carotid stenosis. National outcomes data and trends were also a major focus of the program.

Dr. Pile-Spellman is an international leader in interventional neuroradiology, a field of medicine that uses image-guided catheter-based techniques to treat diseases of the blood vessels of the brain and spine. With more than 150 peer review scientific papers to his name, Dr. Pile-Spellman is actively involved in stroke research.

Dr. Brisman was the first endovascular neurosurgeon on Long Island, dual fellowship-trained in both cerebrovascular neurosurgery and interventional neuroradiology. One of approximately 100 surgeons in the U.S. trained in both techniques, Dr. Brisman authored landmark papers in the New England Journal of Medicine and Lancet Neurology.

To view video highlights of the summit, please go to: <http://grow-your-practice.net/nspc-cme-summit-05-2013/>

About Neurological Surgery, P.C.

Neurological Surgery, P.C. is one of the New York City area's premier neurosurgical groups, offering patients the most advanced treatments of brain and spine disorders. These include minimally invasive procedures such as stereotactic radiosurgery (Gamma Knife®, CyberKnife® and Novalis Tx®), aneurysm coiling, neuro-endoscopy, spinal stimulators, carotid stents, interventional pain management, microdiscectomy, kyphoplasty, and other types of minimally invasive spine surgery. The practice's physicians represent a range of surgical and nonsurgical specialties, combining compassionate care with highly specialized training. They are leaders in the region's medical community, with appointments as chiefs of neurosurgery in some of Long Island's best hospitals. NSPC offers 10 convenient locations in Nassau and Suffolk Counties, as well as in Queens and Manhattan. For more information, call 1-800-775-7784 or visit www.NSPC.com.

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Dennis Tartaglia
Tartaglia Communications
(732) 545-1848
[email us here](#)

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