

# Astrological Consultation Offers More Than You Might Imagine

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CHICAGO, IL, July 15, 2013 /EINPresswire.com/ -- A woman has a baby and is blissful about it. Another woman does the same and spends the rest of her life dreaming about how she might have been a ballerina.

"It's the same event: having a kid. But only one smiling woman," says astrologer Steven Forrest. "Nobody has a generic formula for happiness, at least not one that does the trick for everyone. That's where astrology comes in," he claims.

A professional astrologer for more than 40 years, Forrest has written several classic best-selling astrology books. He has traveled the globe teaching a practical and transformative style of astrology and has trained more than 600 astrologers in an apprenticeship program.

"Stripped to bare bones the birth chart (horoscope) is simply a description of the happiest, most fulfilling life that's available to you - personally. It spells out a set of strategies you can use to avoid boring routines, bad choices and dead ends.

"The birth chart lists your resources. And it talks about how your life looks when you're missing the resources and distorting the strategies - shooting yourself in the foot, in other words," he says.

Forrest admits it may be hard to believe astrologers can get all this from a map of the sky. Because the planets are millions of miles away, skeptics ask how they can possibly affect anyone.

"Astrology's critics are fond of rolling out that argument. But it doesn't hold water," he maintains.

"Go out and gaze at the moon. What's really happening?" he asks. The answer:

"Incomprehensible energies are plunging across a quarter million miles of void, crashing through your eyeballs and creating electrochemical changes in your brain. We call this process seeing the moon," he says.

"Certainly planets affect us. The question is where do we draw the boundaries around those effects?"

Forrest suggests a simple test. Open your eyes on a starry night. What you'll see is a vast, luminous space, full of shadows and light. If you close your eyes so tight they ache you'll see the same thing: a vast, luminous space full of shadows and light.

"Consciousness and cosmos are structured around the same laws, follow the same patterns, and even feel pretty much the same to our senses," he says.

"As above, so below. Just as the starry night awes us with its vastness, there's something infinitely deep inside you, a place where you go when you close your eyes, a place that is beyond being an Aries or a Gemini or even a specific gender.

At the most profound level, a birth chart is a map back to that magical center.

The birth chart describes a series of earthly experiences which, if you're brave and open enough, will trigger certain states of consciousness in you. These states operate like powerful spiritual catalysts, vaulting you into higher levels of being," he maintains.

According to Forrest, we're mysterious beings in a mysterious cosmos.

"We're here for just a little while, a blink o God's eye. And we face a monumental task: figuring out what's going on! "In that spiritual work, astrology is your ally."

Forrest says astrology doesn't work by pigeon-holing people as certain types.

"It works by reminding you who you are, by warning you about the comforting lies we all tell ourselves, and by illuminating the experiences that trigger your most explosive leaps in awareness.

"After that, the rest is up to you," he says.

More information on the astrologer's views can be found on his website, [www.forrestasastrology.com](http://www.forrestasastrology.com). Additional articles and stories on the subject can be found at [www.astrologynewsservice.com](http://www.astrologynewsservice.com).

Edward Snow  
Astrology News Service  
847-506-0045  
[email us here](#)

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