

# Morrisville NC Dental Injuries on the Rise as Children Return To Sports Says Carolina Dental Arts

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MORRISVILLE, NC, USA, August 9, 2013 /EINPresswire.com/ -- After school sports can lead to accidents that affect a child's teeth. Carolina Dental Arts, a leading Morrisville dentist office, offers some tips in case of a dental emergency.

As the school year begins, many children will also return to extracurricular activities, clubs and lessons. While sports can help to combat childhood obesity and teach children discipline and dedication, there is an inevitable risk of injury associated with these activities. Contact sports, such as soccer, football, and martial arts, can often lead to injuries to the teeth, resulting in an emergency visit to the dentist. These visits can be more successful if parents take a few extra steps before leaving the field to head to the [dentist in Morrisville](#).

Carolina Dental Arts, a full service [dental office in Morrisville](#), North Carolina, offers emergency dental services for the whole family. Whether a child's tooth is chipped, broken, or knocked out of place, visiting an experienced dentist like Dr. Kyle Roth of Carolina Dental Arts can restore the smile back to normal.

In case of any sudden impact to a child's mouth during a sporting event, dentists recommend placing ice over the area to combat swelling of the gums. In addition to reducing the child's pain, preventing swelling will help the dentist to assess the issue more accurately. If the tooth has been dislodged from the gums, place it in a cup of milk and bring it along to the dentist. In order to prevent future accidents, an inexpensive mouth guard can be a good idea. While the child may initially find it awkward, in time a mouth guard will shape itself to fit the gums and be more comfortable.

In addition to emergency dentistry, Carolina Dental Arts also offers regular dental care, such as preventative checkups, dental crowns and bridges, and tooth whitening services. Free teeth whitening is included with all new patient x-rays, as well.

Carolina Dental Arts serves patients throughout the greater Morrisville area, including Cary, Holly Springs, Apex, Durham, Raleigh, Pittsboro, Garner, and Chapel Hill, NC.

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