



New Report Reveals that Over 1 Million Children Visit Emergency Rooms for Sports Injuries Every Year

CARY, NC, USA, August 15, 2013 /EINPresswire.com/ -- A recently released report from Safe Kids Worldwide reveals that more than 1 million children visit emergency rooms for sports injuries each year. Local children can benefit from [sports therapy in Cary](#) from Care First Physical Therapy.

Care First Physical Therapy helps young athletes get on the road to recovery with professional, attentive physical therapy and sports therapy in Cary, NC. This rehabilitation team understands that your high school athlete needs to get back to playing the sports that they love quickly and safely.

Parents of high school athletes are not the only ones affected from sports injuries. Young athletes, ages 12 to 15, make up nearly 50% of the sports-related injuries seen in emergency rooms throughout the nation. This statistic may be disturbing for parents of younger children since these athletes often take a longer time to recover than their older peers.

Care First Physical Therapy has the experience needed to guide children down the path to complete physical rehabilitation with [physical therapy in Cary](#). With the use of advanced equipment and age-appropriate sports therapy in Cary, young athletes regain their mobility and enjoy a full range of motion. This unique, hands-on provider of physical therapy in Cary specializes in treating the following conditions:

- Rehabilitation for neck, shoulder, elbows, wrist, hip, ankle, knee, and foot concerns
- Upper and lower back treatment including herniated discs and sprains
- Orthopedic-related dysfunction of neck, shoulder, elbow, wrist, hip, ankle, knee, foot, and back
- Neck, shoulder, elbow, and wrist pain from fractures and sprains

For young athletes, back pain can be disabling and painful. Physical therapy in Cary from Care First Physical Therapy can be customized to meet the needs of patients of all ages. These physical therapists have extensive training and experience treating all types of back pain and participate in regular training and education to stay current with the most up-to-date techniques to provide young patients with relief.

To learn more about physical therapy and sports therapy in Cary, NC, visit

<http://www.physicaltherapy-nc.com/>.

About Care First Physical Therapy

Care First Physical Therapy in Cary, North Carolina provides a unique range of rehabilitation services and treatments to the communities of Cary, Morrisville, Apex, Raleigh and Holly Springs. From sports injuries to automobile accidents, this trained team is committed to working together to help patients maintain or regain optimal health.

Press release courtesy of Online PR Media: <http://bit.ly/19kSlAi>

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