

Senior Companion Services Becoming Increasingly Important, Insists Daly Care Associates

PITTSBURGH, PA, USA, August 15, 2013 /EINPresswire.com/ -- Senior companion services are becoming increasingly important for elderly people whose friends and family doesn't live locally, according to a [Pittsburgh home care](#) service.

As families become more fractured, senior citizens find themselves increasingly alone. Economic realities have cause families to move across the country to find work and survive. Senior citizens may choose to stay put in the location they know, but immediately become more isolated as their children and grandchildren move away. Healthy and active seniors are still able to interact with other seniors at recreation centers, senior activities and coffee shops. But for those who have difficulty with mobility or require extra help and attention, getting out of the house can become a rare treat. Staying in the home all of the time can have serious consequences.

Studies in Japan, where an increasing portion of the population is elderly people who live alone, show that isolation and loneliness can cause a senior citizen to be much less productive and spend more time indoors. Long periods of isolation can lead to depression, which in turn saps the energy the senior has and causes them to spend more time indoors and alone. This vicious cycle can continue for quite some time without intervention from a loved one.

Daly Care Associates, a [home care agency in Pittsburgh](#), has seen an increase in requests for companion services for seniors. Pittsburgh seniors can book the service to help with everyday errands, housekeeping, shopping or just to provide a little companionship for the day. All of the caregivers working for the Pittsburgh home care provider are licensed, bonded and insured, giving seniors the added peace of mind they may desire before letting a visitor into their house.

In addition to senior citizens, Daly Care Associates provides Pittsburgh home care for people of all ages with physical or mental disabilities. The service also provides respite for adults who act as caregivers for an elderly or disabled family member.

About [Daly Care Associates]

Daly Care Associates in Pittsburgh, Pennsylvania, was established in 1995 as a family business. Although the home care business has expanded and grown over the years, it remains family owned and operated. The service offers many non-medical home care services in Pittsburgh and

the surrounding areas, including senior companion services, transportation and homemaker services.

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