

## Village Chiropractic in The Woodlands TX Announces New Fibromyalgia Treatments

THE WOODLANDS, TX, USA, September 11, 2013 /EINPresswire.com/ -- Village Chiropractic in The Woodlands, Texas, now treats fibromyalgia, a long-time chronic pain condition that is said to be affecting approximately six million people throughout the United States.

The Woodlands, TX. Village Chiropractic, <u>The Woodlands chiropractic office</u>, now treats fibromyalgia, a long-time chronic pain condition that is said to be affecting approximately six million people throughout the United States. While the jury is still out on the cause of fibromyalgia, there is <u>chiropractic care in The Woodlands</u> available for sufferers.

One of the major symptoms in patients who suffer from fibromyalgia is the constant constriction of muscles, which grows more painful as the tightening deepens and the muscles become stiff due to the loss of elongation and flexibility. In many cases the only course of treatment for fibromyalgia sufferers is to have their spines adjusted by a professional chiropractor, in order to keep the muscles as fluid and active as possible.

Many of Village Chiropractic's patients with fibromyalgia have standing appointments three to four times a month for adjustments, to keep their muscles as limber and relaxed as possible. Village Chiropractic's Dr. Andy Thomas, says, "We understand that when treating people with fibromyalgia, their muscles have a diminished capacity for healing. Our chiropractic adjustments are typically modified and are gentler than a typical chiropractic adjustment. This will decrease any stress on the supporting muscles of the spine, which can be easily injured."

Chiropractic care for fibromyalgia, which is especially painful in a person's joints, is treated with trigger point therapy, similar to treatments for low back or neck pain. The procedures taken by the chiropractor must be exercised gingerly and with extreme care, as some patients who suffer from fibromyalgia can be easily injured. In addition, if the patient's pressure points are targeted too strongly, it may take longer for the patient to heal. The experienced practitioners at Village Chiropractic chiropractors are knowledgeable about the amount of pressure on these trigger points.

Village Chiropractic is proud to provide chiropractic care aimed at relieving the painful effects of fibromyalgia for residents in The Woodlands, Montgomery, Spring, Tomball, Shenandoah, North Houston, Conroe, Humble, Magnolia, and Willis, Texas.

## **About Village Chiropractic**

Village Chiropractic is a rehabilitation and wellness center in The Woodlands that provides chiropractor services to fit its patients busy schedules. The chiropractor, Dr. Andy Thomas, is a graduate of Parker College of Chiropractic, where he received his Doctor of Chiropractic and Bachelor of Science in Wellness and Anatomy. Prior to attending Parker College of Chiropractic, Dr. Thomas received his Bachelor of Science degree at Texas A&M University.

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