

# Irexis-Direct Male Enhancement Pill Notes Study on Yohimbe and L-Arginine

*Natural male enhancement pill Irexis-Direct is formulated with Yohimbe, L-Arginine and other natural aphrodisiacs to help promote better sexual function.*

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/EINPresswire.com/ -- Some men have trouble speaking to their doctors about sex, yet millions of men suffer from some form of [sexual dysfunction](#). The National Institutes of Health estimates that ED affects as many as 30 million men in the United States. As the population ages this number will increase, however, sexual issues are not an inevitable part of aging and may be treated at any age. Since 1998, prescription drugs called phosphodiesterase (PDE) inhibitors (Viagra, Levitra, Stendra and Cialis) have been available for treatment of erectile dysfunction. These drugs work by taking the pill one hour before sexual activity in order to enhance the effects of nitric oxide; a chemical that relaxes muscles in the penis during sexual stimulation, allowing for increased blood flow.



These PDE inhibitors may not be taken more than once a day and may in fact be harmful to men with certain health problems or men taking particular medications. Never take PDE inhibitors if you take nitrate drugs to treat heart pain or have a history of heart, kidney, or liver disease.

Irexis-Direct.com, one of the leading [male enhancement](#) marketers since 2004, was among the first to recognize studies on Yohimbe and L-arginine which naturally promote nitric oxide (NO).

Yohimbe - A number of clinical studies have shown that the primary component of this bark, yohimbine, found in an African tree, can [improve sexual dysfunction](#) and is also used to treat depression.

L-Arginine – studies indicate that taking high doses of this amino acid helps to improve erectile dysfunction by stimulating blood vessels to open wider for improved blood flow.

One French study (Urology Department, Hopital Foch, Suresnes 92151, France) found that the combination of L-arginine glutamate 6g and 6 mg yohimbine was effective in improving erectile function in patients with mild to moderate ED.

Panax Ginseng (Korean Ginseng Root) is another well-known herbal remedy shown to improve sexual function in men.

Irex is formulated with a potent combination of Yohimbe, L-Arginine as well as prosexual ingredients Zinc, Maca, Catuaba, Ginseng, Orchic Substance and more. Irex male enhancement pills are sold risk free at [irex-Direct.com](http://irex-direct.com) with a 90 day money back guarantee.

Irex male enhancement pills can put the excitement back into your sex life. The ingredients in Irex have been shown to increase libido, improve sexual performance, and increase both stamina and pleasure.

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