



Male-Enhancement-Truths.Org Announce Health Points for Male Sexual Dysfunction

Male-Enhancement-Truths.Org is published to help men searching for information and for more enjoyable sex lives.

NEW YORK, NY, USA, September 17, 2013 /EINPresswire.com/ -- Male-Enhancement-Truths.Org (M-E-T) was designed to help inform the 30 million men suffering from [sexual dysfunction](#) about natural alternatives for PDE inhibitors. Many men are embarrassed or afraid to discuss their inability to enjoy a healthy sex life. M-E-T offers these health points to help educate sexually challenged men:

- Problems achieving an erection may be one symptom of an underlying health problem
- A physician may help you to overcome erectile problems
- Lifestyle choices may hinder your sex life:
 - * Smoking
 - * Alcohol consumption
 - * Being overweight
 - * All the above may contribute to sexual issues
- While [sexual problems](#) may be physical, psychological counseling may offer help with relationship issues and depression
- PDE inhibitors such as Viagra, Levitra, Stendra and Cialis are not for all men. Men with heart, liver or kidney disease are not candidates for these pills. Prescription erectile pills may have unpleasant or even dangerous side effects.
- * Men who take nitrates should not take a pill to remedy sexual dysfunction
- * Men who take prescription erectile pills should still treat the health conditions that caused the dysfunction
- Other sexual dysfunction treatment options include:
 - * A Vacuum Device

- * Injections
- * Surgical Implant
- * Urethral Inserts
- * [Natural Male Enhancement Pills](#)

• Natural Male Enhancement Pills are usually formulated with natural herbs, minerals and extracts known to promote sexual function.

M-E-T recommends Natural Male Enhancement Pills that use known pro-sexual ingredients such as:

- Yohimbe – Yohimbe comes in both herbal and prescription strength (yohimbe). Natural alternatives use the herb yohimbe. Yohimbe is used to arouse sexual excitement particularly for sexual problems caused by depression. Yohimbe is also used to improve athletic performance, weight loss, and depression which makes it an attractive ingredient for improving sexual function.
- Tongkat Ali (*Eurycoma longifolia*) - Frequently called the “Asian Viagra” this Malaysian herb has been known to help improve sexual ability and virility. Used in male enhancement as an alternative to Yohimbe, Tongkat Ali has also been shown to help boost athletic performance, body building, and reduce body fat. *Eurycoma longifolia* contains some chemicals that seem to affect how the body produces the hormone testosterone, the male sex hormone.
- Orchic Extract – is made from cattle testicles, and has been used to make medicine. Men use Orchic Substance to help support healthy testicular function.
- Panax Ginseng/ Korean Red Ginseng – numerous controlled studies have found evidence that Korean red ginseng may improve erectile function
- L-Arginine – a natural amino acid that promotes nitric oxide (NO) the substance that plays a role in the development of an erection. Arginine and yohimbine when both taken at a dose of 6 g have been shown in studies to help improve erectile function, especially in men with only moderate ED.
- Maca – while Maca does not help improve erectile issues it has been shown to increase sexual desire.

Male-Enhancement-Truths.Org (M-E-T) wants men to be informed when making important decisions that address sexuality, relationships, and performance. M-E-T provides customers with knowledgeable product reviews that look beyond the fancy marketing, videos and websites to

choose the top rated male enhancement pills on the market. Male-Enhancement-Truths.Org ranks Irexix followed by Prolargex as the top trending natural sex pills available today.

For more information visit male-enhancement-truths.org.

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