

SUPERFOODBAR by EAT4LIFE Takes Part in SweatUSA, the Most Dynamic Health and Wellness Festival in the Country!

EAT4LIFE joins the Country's leading fitness movement

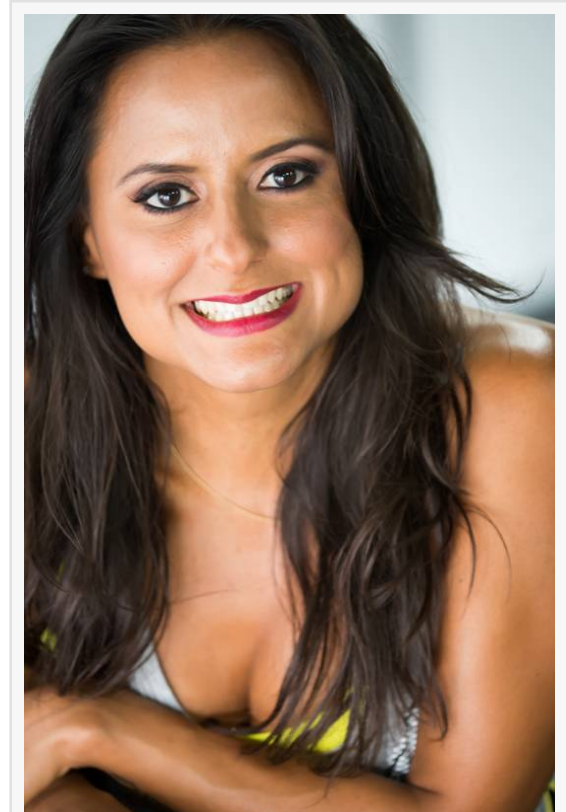
MIAMI, FLORIDA, UNITED STATES, October 8, 2013 /EINPresswire.com/ -- [SUPERFOODBAR](#) will join the world's most renowned celebrity fitness trainers and wellness experts in Miami, Florida to provide an unforgettable fitness, health and wellness experience.

[SweatUSA](#) takes place at the Miami Beach Convention Center from October 11th - 13th. Participants will be able to try out one hour Core classes plus take part in multiple health, wellness and nutrition seminars. There will also be an opportunity to sign up for VIP experiences with celebrity trainers Jillian Michaels, Tony Horton and Shuan T.

After learning how to kick butt in the gym, event participants will learn the real secret to long term fitness success which is 70% diet, 30% fitness. Everyone who attends SweatUSA will get the inside scoop on how they can start living a better life using nutrition tips from leading brand SUPERFOODBAR by [EAT4LIFE](#).

Nutrition pros from SUPERFOODBAR will be available along with other top celebrity fitness and nutrition experts to share the benefits of a superfood rich lifestyle. They will provide top tips on how anyone can easily implement smart choices into their daily regiment with products like SUPERFOODBAR.

"We can't wait for SweatUSA and the chance to educate attendees on the wonders of superfoods such as chia seeds, gojis, maca, spirulina, hemp and cacao which are some of nature's highest, nutrient rich foods which aid in proper nutrition. When you eat clean, your body gets addicted to healthy foods and that is what we want people to experience with SUPERFOODBAR," stated Ashanty Williams, owner and founder of EAT4LIFE, the company behind SUPERFOODBAR.



Ashanty Williams, Founder of SUPERFOODBAR by EAT4LIFE

“SUPERFOODBAR is a healthy ‘on the go’ snack packed with superfoods that superstar trainers use for themselves and their clients.” To learn more about EAT4LIFE or to try a sample, visit the SUPERFOODBAR booth at SweatUSA.

EAT4LIFE is committed to making a beneficial impact in society by providing delicious healthy products that everyone will enjoy.

SUPERFOODBARs by EAT4LIFE are made with organic ingredients and come in 4 different varieties packed with rich superfoods and incredible taste: Goji Antioxidant, Almond Energy, Cacao Power and Spirulina Recovery. SUPERFOODBARs are nutrition bars packed with superfoods. Each bar is Paleo friendly with no preservatives, no additives and no refined sugars. They are high in fiber, nutrients, minerals, and plant based protein with no soy or whey which aids in digestion and keeps you full. They are available online at www.eatSUPERFOODBAR.com and at top retailers like Equinox, The Shops at Bal Harbor, MCycle Gym and The Biltmore Hotel to name a few.



SUPERFOODBAR Variety Pack

sweat **usa** POWERED BY **Reebok**

SweatUSA in Miami Beach Florida from October 11th - 13th

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SUPERFOODBAR is a healthy ‘on the go’ snack packed with superfoods.”

*Ashanty Williams, Founder of
EAT4LIFE*

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