

# Scarfade Introduces Infographic on Keeping Your Skin Healthy

*Scar removal products company offers insight into the secrets of beautiful skin and how to age gracefully.*

KINGSTON, WASHINGTON, USA, November 7, 2013 /EINPresswire.com/ -- [Scarfade.com](http://www.scarfade.com), a leader

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*Erik Hanson*

in scar treatment products, has introduced an infographic to help people learn the secrets of healthy-looking skin. Entitled "Keeping Your Skin Healthy," it has some interesting facts and tips related to aging gracefully and improving the skin's capacity to heal quickly.

"The ability to have healthy skin is affected by so many different parts of your life, like how often you exercise, what you eat and how much you sleep," said Erik Hanson, vice president of operations of Scarfade.com. "Simply

following a regular exercise regimen and reducing stress levels increases the body's ability to regenerate, creating a healthier body, mind and soul."

The idea behind the infographic was to provide a resource of information with interesting facts and tips. For example, it may surprise people to know that the average adult has about eight pounds of skin on the body or that 30-somethings should eat protein-rich foods for better metabolism.

To view "Keeping Your Skin Healthy," visit Scarfade's website at <http://www.scarfade.com/keeping-your-skin-healthy-infographic.html>.

About Scarfade.com: Scarfade (<http://www.scarfade.com>) is a product scientifically proven to reduce scars. This topical treatment is available without a prescription and can be used daily on scars resulting from surgical procedures, burns, car accidents and other injuries. Scarfade is a silicone [scar treatment cream](#) made by Hanson Skincare, Inc. that comes in gel form and silicone sheeting.

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