

Ahern & Associates Urges Clients and the Public to Support St. Mary's Food Bank and Help Those in Need During the Holiday Season

The industry leaders in trucking and logistics consulting are calling on their clients and the public to help St Mary's Food Bank Alliance to feed the hungry across America.



PHOENIX, AZ, UNITED STATES, November 25, 2013 /EINPresswire.com/ -- This year, with Thanksgiving and Christmas fast approaching, almost 50 million Americans are suffering from food insecurity meaning that they are uncertain if they will be able to pay not just for a hearty Thanksgiving dinner, but for any food at all. At a time of year where most children in America are wondering what presents will be under the tree on December 25th there are 16 million who are unsure if they will have enough to eat, let alone a present. With thousands left homeless and bereft of their livelihoods in Illinois and across the tornado ravaged Midwest this is a problem that is not going anywhere and is the stark truth in America, the world's greatest economy.

[St Mary's Food Bank Alliance](#) is the largest domestic food bank in America, working tirelessly alongside emergency services and other charities to help those in need. In the hands of St. Mary's Food Bank, a single dollar is transformed into meals for 7 people in need, with 95% of all donations made to St. Mary's going directly to the tables of those in need across America.

Ahern & Associates Ltd, the leading name in trucking and logistics consulting have had a long standing relationship with St. Mary's Food Bank Alliance and every year raises tens of thousands of dollars in support of their very needful work. Over the years, Ahern & Associates and their friends in the trucking industry have raised over 1 million dollars for St. Mary's Food Bank, and have received special recognition for their efforts by St. Mary's president and CEO Beverly Damore. Like Ahern & Associates, the hunger relief group is based in Arizona but provides help and support to thousands of families and individuals all across the United States.

With the end of the year drawing in, CEO Andy Ahern has announced the launch of his 15th consecutive Christmas donation drive and despite the economic uncertainty still racking America he has stated his determination to raise a record amount this year. He will be sending out his call for action to the industry not only through his extensive network of trucking industry contacts

but also through his weekly business newsletter, [The Ahern Advisory](#), which is read by almost half a million people world-wide.

To donate directly to St Mary's Food Bank Alliance or get involved with their work you can visit <http://www.firstfoodbank.org/> today or you can send your donations to:

St. Mary's Food Bank
c/o Ahern & Associates, Ltd.
2198 E. Camelback Rd. Suite 210
Phoenix, AZ 85016

To learn more about Ahern & Associates' transportation consulting services or their charitable work you can call 602-242-1030 or visit their website at: <http://www.ahern-ltd.com>.

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About Ahern & Associates, Ltd.

Ahern and Associates is North America's leading trucking and transportation management consulting firm. The skilled consultants at Ahern and Associates specialize in mergers and acquisitions of trucking and logistics companies as well as the restructuring and evaluation of existing carriers that seek to increase operating efficiency and improve profitability. Since 1987, Ahern and Associates has aided hundreds of buyers in the acquisition of trucking and logistics companies throughout the U.S. and Canada as well as assisting many transportation and logistics companies in reducing their overall operating costs and increasing their profitability.

For more information, please call 602-242-1030 or visit <http://www.ahern-ltd.com>.

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