

WIN a year's supply of Gluten-Free Food with Udi's

The Gluten Free Foods brand Udi's launches a competition to win a year's supply of Gluten Free Food

LONDON, LANCASHIRE, UNITED KINGDOM, January 10, 2014 /EINPresswire.com/ -- Udi's Gluten Free are the No.1 gluten-free foods brand in the USA and have recently introduced a range of products in the UK that in their words are 'full of taste and free of gluten'. As part of their mission to ensure that everyone on a gluten-free diet can 'taste happiness' at last, Udi's are also running a [Facebook](#) competition with the prize of a year's supply of gluten-free goodies up for grabs.

To enter, you simply need to go to the Udi's Facebook app and tell them what you think 'happiness' is. The competition ends on the 4th February and a winner will be announced on the 6th of February.

Whether you're on a gluten-free diet as a coeliac, for other health reasons, or you simply want to eat gluten-free by choice, Udi's firmly believe that you should never have to suffer bland, boring or tasteless food ever again.

From bread, bagels and rolls, to breakfast bars and chocolate chip muffins, Udi's promise great taste and texture that will help you to 'eat well and smile often'.

If you want to find out for yourself if Udi's tastes great, enter their Facebook competition for a chance to win a year's supply of gluten free food to find out more about Udis please visit Udisglutenfree.co.uk.

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