

Adonis Golden Ratio Exposed In Review Of John Barban & Kyle Leon's Program

HOUSTON, TX, USA, January 12, 2014 /EINPresswire.com/ -- AdonisGoldenRatioReviews.com reveals the truth about Adonis Golden Ratio with a complete review of John Barban and Kyle Leon's workout and diet program designed for men to get the perfect body.

Adonis Golden Ratio, created by John Barban and Kyle Leon who claim that understanding a person's DNA is the key to losing body weight has caught the attention of <http://AdonisGoldenRatioReviews.com> 's Stan Stevenson, prompting an investigative review.

"Our [Adonis Golden Ratio review](#) shows that the premise underlying this program is that the ability to lose weight and get that lean muscular body is already present in your DNA. The exercise routines also focus on specific areas of your body such as upper thighs, waist, and other related trouble spots, which are vulnerable to storing fat," reports Stevenson. "This diet program is fully personalized to teach you the exact foods you need to consume per your body type to maximize both body fats lose and muscle growth simultaneously."

"Adonis Golden Ratio mainly concentrates on getting the so called perfect body shape in the ratio of shoulder to waist circumference. Over seventy videos with detailed training have been created in a way that helps you release your innermost Adonis," says Stevenson. "This whole training and diet program has been developed to lose the persistent fat on the stomach and get you the known six pack of lean muscle mass when you seriously want to achieve the ideal body shape you desire."

Adonis Golden Ratio is a 12-week exercise routine that is divided into four different week cycles. It also includes seventy-eight advanced videos, a 12-week workout program, and a supplement and nutrition guide.

"Adonis Golden Ratio has been gaining popularity all over the world. Based on the aspect of one's personal DNA, the program not only shows you how to get the perfect body you were longing for, but also gives you detailed information on why you should follow a workout and nutrition program that will see you burn up fat and build lean mass at a very fast rate. This program, which is also known as 'The Perfect Body Formula' is the most powerful and leanest, and builds muscle mass without the use of drugs."

Those wishing to [purchase Adonis Golden Ratio](#), or for more information, [click here](#).

To access a comprehensive Adonis Golden Ratio review, visit
<http://adonisgoldenratioreviews.com/adonis-golden-ratio-review>

AdonisGoldenRatioReviews.com was created to provide men with a complete Adonis Golden Ratio review where they can decide for themselves if Kyle Leon and John Barban's latest program is right for them or not.

Mark Harris
8322026900

[email us here](#)

Adonis Golden Ratio Reviews

This press release can be viewed online at: <https://www.einpresswire.com/article/185101221>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2024 Newsmatics Inc. All Right Reserved.