

Irexis-Pills Announces Surprising Health Benefits of Sex

Studies have shown that sexually active individuals take fewer sick days. Irexis natural male enhancement pills may help.

NEW YORK, NY, USA, January 16, 2014 /EINPresswire.com/ -- The National Institutes of Health estimates of the number of American men who suffer from erectile dysfunction range may reach up to 30 million. That means that besides missing out on the pleasure they also miss out on some surprising [health benefits](#) as well. Irexis Pills are natural [male enhancement pills](#) formulated with powerful ingredients not available in stores. The millions of men who suffer from either lack of sexual desire or decreased performance may benefit from the health benefits of a natural sexual enhancer like Irexis.

Studies have shown that sexually active individuals take fewer sick days. A healthy sex life can defend the body against germs, and viruses keeping the immune system boosted. Other sex health benefits include:

- Improved libido – having sex improves blood flow, which makes sex feel better and increases the cravings for more.
- Research suggests a link between sex and lower blood pressure. One innovative study found that sexual intercourse with a partner (not masturbation) lowered systolic blood pressure.
- Sex is a great form of exercise, burning five calories per minute. Additionally, it increases heart rate and uses various muscles.
- Lowers heart attack risk by raising the heart rate. Furthermore, sex helps keep estrogen and testosterone levels in balance. Low T or estrogen may trigger osteoporosis and even heart disease.
- Lessens pain – it's known that orgasm blocks pain including chronic back and leg pain, cramps, arthritic pain, and even headache.
- Wards off prostate cancer - A study published in the Journal of the American Medical Association, found that men who ejaculated at least 21 times a month were less likely to get prostate cancer.
- Improve sleep – orgasm releases the hormone prolactin which is responsible for feelings of relaxation and sleepiness.
- Ease stress and anxiety - Sexual arousal releases a brain chemical that increases the brain's pleasure system.

Irexix Pills formula contains exotic herbs, extracts and minerals that have been shown in studies to [promote sexual function](#) and support erections. For years have researched and conducted clinical studies on medicinal plants and ingredients found effective for sexual dysfunction. A featured ingredient of Irexis, L-arginine has been clinically proven to increase nitric oxide levels resulting in more blood flow to the penis and better quality erections. (European Urology 2002 Jun; 41 (6): 608-13). Korean Red Ginseng, Maca and Tribulus Terrestris are other prosexual ingredients that have been methodically studied.

Irexix Pills offers risk free purchasing with a 90 Day Money Back guarantee for 100% Satisfaction.

Irexix male enhancement pills are the most finely formulated natural supplements for erectile issues currently on the market. The blue tablets formulated and sold since 2004 are the most reputable.

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Jennifer Hughes
Irexix Pills
888-566-5642
[email us here](#)

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