

Irexis.com Promotes Health Awareness, Answering Frequently Asked Questions About Sexual Health

Although no longer taboo, men still have unanswered questions about their sexual health, Irexis.com can help.

CEDARHURST, NY, USA, January 24, 2014 /EINPresswire.com/ -- A generation or two ago it was taboo to discuss [sexual health](#). Men hesitated to even ask their physicians about the changes their bodies were going through with age. Although these taboos have been lifted, many men are embarrassed or lack the information to truly understand sexual health changes that affect men throughout their lives. Irexis.com wants to help men understand their sexual health needs. Here are the top 5 Frequently Asked Questions about sexual health:

Does a man go through menopause?

Yes, a man does experience menopause, although in a different manner than a woman. For women, menopause marks the end of a woman's fertility and cessation of menses. For a man subtle changes in the [function of the testes](#) begins to occur at 45-50 years of age, and ten much more dramatically after 70 years of age. Since men do not go through a distinct male menopause period, as women do, some doctors refer to this as androgen or testosterone deficiency (ADAM). Men will generally experience a decline in testosterone production with age, however, low T can also be related to some diseases such as diabetes.

What Are the Pros and Cons of [Circumcision](#)?

This is an issue that continues to be debated: Should a newborn baby boy be circumcised? There are definitely some advantages to circumcision namely:

- Avoids balanitis (inflammation of the glans) and balanoposthitis (inflammation of the glans and foreskin)
- Hinders phimosis (the inability to retract the foreskin) and paraphimosis (the inability to return the foreskin to its original location)
- Lower risk of sexually transmitted diseases
- Lower risk of urinary tract infections
- Protection against cancer of the penis and a lower risk of cervical cancer for their female sex partners

While male circumcision does make it easier to keep the end of the penis clean, studies have shown that practicing good hygiene can help prevent certain complications with an

uncircumcised penis, including infections and swelling. In addition, using a condom during sexual activity can help prevent sexually transmitted diseases and other possible infections.

Is Vaseline Ok to use as a lubricant with a latex condom?

Actually No. Only water-based lubricants, such as K-Y Jelly, should be used with condoms. Oil-based lubricants, like Vaseline, weakens the condom and may cause it to break.

Is the withdrawal method an effective method of birth control?

No, no, no. The withdrawal method of pulling out before the man ejaculates, is not a foolproof method for birth control. The reason is that some ejaculate (sperm containing fluid) may be released before the man actually climaxes. Furthermore, in the heat of the moment some men may not have the self-control to withdraw in time.

Can a person with syphilis spread the disease?

Yes. Syphilis is a sexually transmitted disease. Therefore, the bacteria can enter the body through an opening such as the penis, vagina, anus, mouth, or any other broken skin, spreading the syphilis. Don't take chances and use a lubricated condom during sex.

For more information on sexual function and visit <http://irexis.com/>.

Irex.com was designed to help men promote healthy sexual function and wellbeing. To learn more visit <http://irexis.com/>.

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Jennifer Hughs

Jennifer Hughs

jenniferhughs@gmail.com

[email us here](#)

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