

Spinal Surgery With Dr. Gerald Zupruk Enables Bohemia Resident To Overcome 15 Years Of Disability

ROCKVILLE CENTRE, NY, USA, March 11, 2014

/EINPresswire.com/ -- Corinne Ross, a 51-year-old graphic designer from Bohemia, now has a new lease on life following spinal surgery with neurosurgeon Gerald M. Zupruk, M.D., F.A.A.N.S., of the Neurological Surgery, P.C. (NSPC) private practice.

Ms. Ross had low back pain for 15 years, and the last five years before her surgery were "horrible," she said. "I couldn't even walk, I couldn't sit at my desk and work, and was having trouble getting through daily activities."

Before deciding on surgery, she was under treatment for a number of years with Patchogue chiropractor Brett Desing, D.C. Dr. Desing felt that he couldn't further help Ms. Ross, and referred her to [Dr. Zupruk](#) and his NSPC colleague Mihai D. Domancescu, M.D., F.A.A.N.S., neurosurgeon, for a consultation on possible surgery.



Ms. Ross saw the neurosurgeons in April 2013. Suspecting a degenerative disc or vertebral problem in her lumbar (lower) spine, Dr. Zupruk ordered an MRI. The MRI showed she had [lumbar spinal stenosis](#), a narrowing of the spinal canal that can cause pain in the back and legs, as it puts pressure on nerve roots.

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Corinne Ross

“The images clearly corresponded to the trouble Ms. Ross was having,” said Dr. Zupruk. “Conservative treatment was no longer helping her, and the problem kept coming back. She was at the point where she needed to do something more.”

Dr. Zupruk scheduled Ms. Ross to have a [decompressive laminectomy](#) at Mather Hospital in April 2013. One of the most common surgeries done to treat lumbar spinal stenosis, laminectomy

removes bone (parts of the vertebrae) and thickened tissue that is narrowing the spinal canal and squeezing on the nerve roots. In Ms. Ross' case, the laminectomy was done on her L4-L5 vertebrae.

"It is more typical to see this problem with older patients," said Dr. Zupruk. "Ms. Ross had an early onset of stenosis, and surgery was necessary because she wanted to maintain an active life."

Dr. Zupruk pointed out that he and his colleagues have performed laminectomies on patients as old as 90. "Chronological age is not a barrier. Many older patients can get a tremendous benefit from this procedure."

"From the day I got out of surgery, the pain was relieved," said Ms. Ross. "I was vacuuming the rug six days later, and I've been going ever since. Before surgery, I couldn't even walk and was hunched over."

Ms. Ross came for a follow up visit a few weeks after her procedure. "I hugged and kissed Dr. Zupruk," she said. "I told him, 'you gave me my life back!'"

She added: "I feel better now than I felt for 15 years. This is the best thing I could have done. Dr. Zupruk and his staff treated me with nothing but care. He wanted to fix the problem, not mask it."

About Neurological Surgery, P.C.

Neurological Surgery, P.C. is one of the New York City area's premier neurosurgical groups, offering patients the most advanced treatments of brain and spine disorders. These include minimally invasive procedures such as stereotactic radiosurgery (Gamma Knife®, CyberKnife® and Novalis Tx®), aneurysm coiling, neuro-endoscopy, spinal stimulators, carotid stents, interventional pain management, microdiscectomy, kyphoplasty, and other types of minimally invasive spine surgery. The practice's physicians represent a range of surgical and nonsurgical specialties, combining compassionate care with highly specialized training. They are leaders in the region's medical community, with appointments as chiefs of neurosurgery in some of Long Island's best hospitals. NSPC offers 10 convenient locations in Nassau and Suffolk Counties, as well as in Queens and Manhattan. For more information, call 1-800-775-7784 or visit www.NSPC.com.

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