

Leading New York Dental Expert Says That April is “National Facial Protection” Month

Dr. Charles Puglisi says that National Facial Protection Month is a good time to ensure that kids and adults are protecting their teeth while playing sports.

NEW YORK, NEW YORK, UNITED STATES, April 10, 2014

/EINPresswire.com/ -- According to Dr. Charles Puglisi, DMD, F.A.G.D., a leading [Manhattan dentist](http://www.drpuglisi.com) (www.drpuglisi.com) based in Greenwich Village, April has been dubbed National Facial Protection Month by the American Association of Pediatric Dentistry, the Academy for Sports Dentistry, the American Academy of Pediatric Dentistry, and the American Association of Oral and Maxillofacial Surgeons. The annual campaign, according to Puglisi, aims to educate and remind Americans of the importance of protecting the face and teeth against impacts and injuries.



Dr. Charles Puglisi Greenwich Village Dentsit

“Wearing a helmet can save your life and prevent devastating physical damage in a variety of situations, from playing football to riding a bicycle,” says [Dr. Puglisi](#). “In fact, experts agree that helmets reduce the risk of various head and mouth injuries by as much as 85 percent.”

Dr. Puglisi explains that whether helmet laws apply in your area or not, it is important to recognize the importance of wearing helmets with the appropriate safety ratings for specific activities, to protect ourselves and our loved ones.

“A helmet’s rating can usually be found on a sticker on the inside of the helmet,” he explains. “Helmets with an attached faceguard should also be considered because they can help save a person’s teeth in the case of an accident. This is particularly important for anyone who plays football or another contact sport.”

According to Dr. Puglisi, a mouth guard can also protect against a variety of dental injuries, such as cracked, broken, or knocked-out teeth. The American Dental Association, according to Dr. Puglisi, says that mouth guards play an essential role in preventing up to 200,000 dental injuries each year, and many states mandate their use for sports activities such as football and hockey.

“The important thing to remember, however, is that these mouth guards must be custom-fitted in order to be effective,” says Dr. Puglisi. “By choosing the right combination of helmet, faceguard, and mouth

guard, you can go a long way toward protecting your teeth.”

For more than three decades, Dr. Charles Puglisi DMD., F.A.G.D, has been offering quality oral care. His practice, located at 39 Fifth Ave, New York, NY, in the heart of Greenwich Village, offers Comprehensive General, Cosmetic and Restorative Dentistry, Laminates, Veneers and Bonding, Cosmetic Tooth Whitening and Tooth Re-shaping, Prophy-Jet™ Air Polishing [Dental Implant Restorations](#), Crowns, Bridges, Porcelain/Composite Inlay/Onlays, Periodontal Treatments, and more. Call (212) 529-2929 for more information or visit Dr. Puglisi’s website at www.drpuglisi.com



Facial Protection



Healthy Smile - Dr. Puglisi

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Greenwich Village Dentist says wearing a helmet can save your life and prevent devastating physical damage

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