

Nspc's Dr. Brian Snyder And Dr. Elizabeth Trinidad Trained To Implant 'Revolutionary' New Device

NeuroPace® RNS® Shown to Help Patients Whose Epilepsy Can't be Controlled with Drugs

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/EINPresswire.com/ -- Functional and restorative neurosurgeon [Brian J. Snyder, M.D.](#), and pediatric neurosurgeon [Elizabeth M. Trinidad, M.D.](#), are among the first physicians in metro New York to be trained to implant the NeuroPace® RNS® System. This device was recently approved by the Food & Drug Administration to help control seizures in patients whose epilepsy is unresponsive to two or more medications. Both neurosurgeons are part of the Epilepsy Center at Neurological Surgery, P.C. (NSPC).



"This is truly a revolutionary device," says epilepsy neurologist Alan B. Ettinger, M.D., M.B.A., NSPC's Director of Epilepsy. "It will help countless patients who are unresponsive to medical management, and are not candidates for other surgical treatments."

The RNS System is a novel, therapeutic device that detects abnormal electrical activity in the brain and responds by delivering imperceptible levels of electrical stimulation before a patient experiences seizures. This stimulation normalizes brain activity, and stops many seizures before they start. Up to 400,000 patients across the U.S. may be eligible for this treatment.

The system is designed for patients who have [partial onset seizures](#) - seizures that start in one part of the brain. Eligible patients must have gone through diagnostic testing that identified no more than two seizure locations (foci), must be unresponsive to two or more antiepileptic medications, and must currently have frequent and disabling seizures.

Many patients who are unresponsive to medication can be helped by a type of surgery in which the part of the brain that is the source of seizures is removed. However, many of those who suffer from epilepsy have seizures in an area that cannot be removed because it controls vital functions. The RNS System is designed to help these patients.

RNS consists of a battery-powered stimulator, which is implanted, and leads containing electrodes, which are implanted over the seizure location. The system tracks the brain's electrical activity, and delivers small bursts of electrical stimulation when developing seizures are detected. Once a day, the patient holds a wand-like device to his or her head. This "wand" device transfers data to the patient's computer. These data are reviewed by the patient's physician, who customizes therapy based on the data.

The RNS System was tested in a clinical trial of 191 people at 32 sites. All patients had stimulators implanted, but some stimulators were not activated. Patients in the study did not know whether they received an activated or inactive stimulator. Those with activated stimulators reported a 38 percent reduction in seizures over three months, compared with a 17 percent reduction in patients whose stimulators were not activated. Two years post-implant, 55 percent of those with active implants had a 50 percent or more reduction in seizures.

"It is important to note that these patients' seizures could not be adequately controlled in any other manner," says Dr. Ettinger. "We need effective treatments for the many people who live with uncontrolled seizures, and are happy to offer this effective new treatment to our patients."

About Neurological Surgery, P.C.

Neurological Surgery, P.C. is one of the New York City area's premier neurosurgical groups, offering patients the most advanced treatments of brain and spine disorders. These include minimally invasive procedures such as stereotactic radiosurgery (Gamma Knife®, CyberKnife® and Novalis Tx®), aneurysm coiling, neuro-endoscopy, spinal stimulators, carotid stents, interventional pain management, microdiscectomy, kyphoplasty, and other types of minimally invasive spine surgery. The practice's physicians represent a range of surgical and nonsurgical specialties, combining compassionate care with highly specialized training. They are leaders in the region's medical community, with appointments as chiefs of neurosurgery in some of Long Island's best hospitals. NSPC offers 10 convenient locations in Nassau and Suffolk Counties, as well as in Queens and Manhattan. For more information, call 1-800-775-7784 or visit www.NSPC.com.

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