

New Boca Raton FL Yoga Studio Has Incredible Deal For New Members!

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BOCA RATON, FL, USA, May 13, 2014 /EINPresswire.com/ -- Boca Raton FL Newest Yoga Studio Has Incredible Deal For New Members!

Working your body and finding inner peace doesn't come cheap when classes range from \$15 to \$20 a pop. Luckily, you live in the [Boca Raton/Delray Beach FL](#) there is an awesome yoga deal to be had!

Just check out www.yogaaura.com for \$60.00 for one month of all the unlimited classes you can handle. To purchase your unlimited month, paste this URL: <http://clients.mindbodyonline.com/ws.asp?studioid=133822&stype=41> ...Select "Yoga Classes" and scroll down to Unlimited \$60 one month special! or call 561-409-0811.

"The hottest and best yoga in town" Embody the [Yoga Aura](#) experience. Heated and non heated classes, 60, 75 and 90 min classes.

I would like to introduce you to Yoga Aura, the newest yoga studio in Boca Raton, Florida. Yoga Aura's new space is designed to inspire and enlighten!



"Our goal is to empower our students to 'believe they can,' and to do things they never thought were possible," states Laurie, owner of Yoga Aura. "We're here for students that may be showing up for their first class, trying to get back in shape, or looking to feel better mentally or spiritually."

Yoga Aura has classes designed for all levels - beginners as well as more advanced practitioners. Some of the many classes offered are Hot Flow, Hot 26 (Bikram-based), Hot

looking for a bit of excitement, Yoga Groove class is offered on select dates, done to House/Dance music with a fantastic light show! Yoga Aura is the only studio in the area that features this type of class.

Yoga Aura believes, "everybody should do yoga. It can open your eyes to what you never thought possible. Yoga Aura is also known, as Hot Yoga Boca Raton, but that does not mean all of the classes are heated, they do offer some warm classes as well."

"The 2014 schedule will feature over 30 classes per week to accommodate all times, all days and yoga students of all levels. www.yogaaura.com. We anticipate that Yoga Aura will become a very popular spot within the community."

If you suffer from back pain, then you know how it can make you miserable. You may have tried ice packs and massages to relieve the pain, but a better alternative might be a yoga class at Yoga Aura. Yoga's focus on balance and strength has been proven to help back strength and increase circulation, which can often provide relief. Yoga Aura currently offers a New Student Special: drop in and pay only \$15 for your first two classes, or bring a friend for free instead.

If you are feeling a bit overweight or just plain out of shape, yoga will increase muscle tone and burn calories. One session of hot yoga can burn 600-700 calories per hour. Consider maybe a Hot Flow or Hot 26 class to start out. Perhaps you love the burn of weight lifting and the relaxed Zen-like feeling of yoga. If so, try our Hot Yoga Sculpt class practiced with hand-weights. No matter what your age, yoga is for everyone!

"At Yoga Aura everyone is welcomed with open arms! Please feel free to check them out on Facebook at <https://www.facebook.com/YOGAAURALOVESYOURAURA> for fantastic opening special prices or just drop in for a visit, conveniently located three miles south of [Delray Beach](#) at 2910 B North Federal Hwy, Boca Raton FL 33431." Phone 561-409-0811

Namaste !

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This press release can be viewed online at: <http://www.einpresswire.com>

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