

# Release of Melanie Benson Strick's Acclaimed Program: Get Out of Overwhelm - \$100 Off until May 28

*Melanie Benson-Strick, America's Leading Business Optimizer, is releasing her acclaimed program, "Get Out of Overwhelm".*

LOS ANGELES, CA, USA, May 22, 2014 /EINPresswire.com/ -- This program outlines the 4 types of overwhelm and its 15 triggers while also providing a step-by-step system for getting out of the cycle of overwhelm that can harm both your professional and personal life.

The [Get Out of Overwhelm](#) system gives you the tools to discover the difference between worthwhile high payoff actions, and distractions in disguise. This program will help participants to:

- Discover their own triggers
- Ask clarifying questions, and
- Get back to what they LOVE to do

[Melanie Benson Strick](#) of [Success Connections](#) explains, "Get Out of Overwhelm's decision making formula slashes the time you spend in overwhelm, but its real power is the strategies it provides to keep you from feeling overwhelmed in the first place. No longer will you be the overwhelmed, "hair-on-fire" entrepreneur who focuses on short term urgencies at the expense of cash flow and goals. No more mismanaging your time, or letting other people's urgencies become yours. Now — whenever you're overwhelmed — you'll quickly find clarity in deciphering between the high payoff options and the bright shiny objects you should avoid."

The Get Out of Overwhelm program is perfect for people who: feel overwhelmed when determining their priorities; don't know what to focus on next; what choices to make to move forward; have too much on their plate; feel like things aren't working the way they should; work too hard for too little results; feel like too much comes at them at one time. It's also helpful if your emotions leave you exhausted or depleted at the end of most days (an overwhelm red flag).

## About Success Connections & Melanie Benson Strick

Melanie Benson Strick, known as America's Leading Small Business Optimizer, has a gift for guiding fast-paced, overwhelmed, driven entrepreneurs to thrive in their small business. With over 13 years mentoring thought leaders and big thinking entrepreneurs, Melanie is a liberator – uncovering costly breakdowns and de-railers while re-energizing profits and ultimately freeing the entrepreneur to do more of what they do best.

Melanie Benson Strick  
Success Connection  
818-530-4884 Ext. 2  
[email us here](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/206054419>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2023 Newsmatics Inc. All Right Reserved.