

No-Scalpel Neck Lift Is Key to Perfect Profile, Says New Jersey Surgeon

Ultherapy is a non-surgical neck and facelift that New Jersey facial plastic surgeon Dr. Nicole Schrader says targets underlying tissue using ultrasound energy.

PRINCETON, NJ, USA, June 1, 2014 /EINPresswire.com/ -- According to facial plastic surgeon Dr. Nicole Schrader (www.princetonface.com), **Ultherapy**® is a well-tested non-surgical alternative to invasive anti-aging surgeries such as a **facelift** or neck lift, but many of her New Jersey patients are still just discovering the treatment's potential.

"Ultherapy is still not a household word like BOTOX®," Schrader says, "but the buzz continues to build because the results are remarkable."

It's been called the next big thing in cosmetic procedures, and it was named the "Best In-Office Treatment" by New Beauty magazine earlier this year. Schrader says when used on the neck and chin area, Ultherapy can provide patients the perfect profile by chiseling a sharp, sleek definition.

"That's because it not only tightens the neck's sagging skin, but it also targets and lifts the underlying tissue," she says. "Unlike many non-surgical treatments that tighten skin only, Ultherapy really does address many of the same underlying structures as a facelift."

She says Ultherapy is the only non-invasive, FDA-cleared treatment that specifically targets tissue and muscle deep below the skin without cutting or disrupting the surface of the skin.

"It uses ultrasound imaging, which allows us to actually see the layers of tissue we target during treatment and ensure the energy is deposited precisely to where it will be most effective," Schrader says.

Ultrasound energy heats the deeper layers of the skin, spurring the growth of new collagen that results in smoother, tighter skin. Dr. Schrader says the results may not be as extensive as a surgical procedure, but they are appropriate for people who have less dramatic signs of age they'd like to reverse.

Dr. Schrader, whose practice serves patients from throughout central New Jersey, including Somerville, said a good skin care regimen can enhance and prolong the results of the

treatment.

Ultherapy requires a single treatment, which typically lasts between 1 and 2 hours. Patients report some discomfort, which varies from one individual to another. Although the neck and chin are the areas most commonly treated, Dr. Schrader says, patients also get the treatment for the brow and forehead and cheeks.

"Keep in mind, though, that results are not instant," she says. "Instead, they develop gradually over the course of a few months. During this time, your skin's collagen rebuilds, revealing softer, more elastic skin and a more refined facial contour."

Nicole Schrader, M.D., FACS, (www.princetonface.com) is certified by the American Board of Facial Plastic and Reconstructive Surgery and the American Board of Otolaryngology, specializing in head and neck surgery. Dr. Schrader practices facial plastic surgery in Princeton, New Jersey, and serves patients from throughout central New Jersey. Dr. Schrader earned her medical degree from George-August University in Germany, where she graduated summa cum laude in 1998. Her postdoctoral training included an internship at New York Medical College/Saint Vincent's in New York City, a residency in otolaryngology (head and neck surgery) at Temple University in Philadelphia, and a fellowship in facial plastic and reconstructive surgery at Robert Wood Johnson University Hospital in New Brunswick, New Jersey.

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