

# Jaffe Sports Medicine Offers Free Balance Testing At Naples Clinic

*Jaffe Sports Medicine and Physical Therapy in Naples is offering free balance testing. The physical therapists in Naples help patients resume normal activities.*



NAPLES, FL, USA, June 3, 2014 /EINPresswire.com/ -- [Jaffe Sports Medicine](#) of Naples, FL is offering [free balance tests](#) in the month of June to patients who are having trouble retaining their equilibrium, are feeling dizzy or have fallen. The physical therapists at Jaffe Sports Medicine, in Naples, utilize a variety of diagnostic tools and balance tests to identify the underlying cause of the loss of balance and then develop a treatment plan.

"Balance disorders are common with most people having experienced them at some point in their lives. They are usually not caused by anything too serious, but they should not be taken lightly. They can be very frustrating and affect a person's day-to-day quality of life. Balance disorders often lead to falls which then can lead to more serious issues. Our free balance test is the first step in diagnosing the problem and getting our patients started on the proper treatment plan they need to feel better, and be safer explained [Dr. Peter Jaffe](#) of Jaffe Sports Medicine (<http://jaffesportsmedicine.com>).

Balance disorders can occur at any age, but are of special concern in elderly patients since they can lead to falls and injuries. The inner ear plays a crucial role in a person's ability to retain their balance and is the cause of many balance problems. The vestibular organs in the ear are connected to a large network of nerves and brain cells. Any interruption in the flow of communication in that network can lead to dizziness, vertigo or problems retaining equilibrium.

"There are many, many things that can affect balance so we always start our examination with a thorough medical history and assessment of vital signs. This helps us eliminate physical problems like blood pressure or even something as simple as a build-up of fluid in the ear from a recent cold or allergies. If the preliminary exam doesn't turn up anything, we move on to diagnostic and physical tests to identify the cause," said Jaffe.

There are a variety of specialized therapy programs for confirmed balance disorders that can be used to treat patients. Each plan treats a particular balance issue to successfully restore balance

and mobility and allow the patient to return to their normal activities.

Jaffe Sports Medicine is staffed with specialists in sports medicine and physical therapy in Naples. Patients do not need referrals to receive treatment at the facility, since their board-certified doctors are able to diagnose injuries, set up comprehensive treatment plans and follow the patients' progress with the therapists. Doctors can order MRI's and scans when necessary and perform epidural injections if needed.

Visit Jaffe Sports Medicine at <http://jaffesportsmedicine.com> to learn more about their service and the conditions they treat. Call the North Naples location at 239-254-7778 or the new location across from NCH downtown at 239-331-8551 to schedule a free balance test.

About Jaffe Sports Medicine:

Jaffe Sports Medicine Physicians and therapists provide physical therapy and pain management to patients suffering from acute and chronic pain as a result of, diseases, injuries, or following surgical procedures. They provide comprehensive diagnosis and a wide variety of customized therapy options all performed by highly trained board certified and fellowship trained physicians and licensed therapists.

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