

AMIS Anterior Hip Replacement is Turning the Table on Hip Replacement in DFW

Anterior Hip Replacement utilizing the Anterior Minimally Invasive Surgery (AMIS) technique allows most patients to have this procedure on a outpatient basis.

PLANO, TX, USA, July 7, 2014 /EINPresswire.com/ -- <u>Dr. Richard Buch</u> is the first surgeon in <u>Dallas</u> to implement the revolutionary <u>AMIS</u> anterior hip replacement procedure which involves no cutting of muscles, tendons, or nerves. This is the only approach around the hip joint that is truly muscle sparing allowing most patients the option to have this procedure on an outpatient basis. Most patients will be able to walk down the hallway and out of the hospital the same day following total hip replacement utilizing the AMIS approach. This procedure uses conventional components but is a single smaller incision approach that allows the hip to be replaced without disconnecting muscles from bone or interfering with nerves as we work through a natural interval between the muscles.

With traditional hip replacement many precautions and recommendations should be followed to avoid dislocating your new hip as the main stabilizer muscles and tendons are cut. Some precautions include having a pillow between your legs when you sit or lay down for 4-6 weeks, you should not bend past 90 degrees, you should not cross your legs, point your toes inward, or tie your own shoes. You also should not sit in low chairs and it is recommended to use an elevated toilet seat. With traditional hip replacement patients also have a lengthy recovery time, most take 4-6 weeks to walk independently and 3 months to return to normal activities. With the anterior AMIS approach our patients have none of the above restrictions, are up walking independently hours after surgery, and most will be back to work in 1-2 weeks.

AMIS Hip Replacement Potential Benefits:

- No muscles, tendons, nerves cut
- Fewer restrictions following surgery
- Healthy, motivated patients can be done on a outpatient basis allowing recovery at home within 23 hours
- No formal post operative physical therapy
- Minimal pain medication
- Walking up and down hallway and or stairs before you leave the hospital
- Most patients are back to work in one to two weeks
- No post operative muscle degeneration since we do not cut muscles

- Lower risk of dislocation
- Easier to have revision if needed in future since minimal scar tissue will be present
- Smaller incision allows for reduced scarring
- Less blood loss
- Reduced risk of limping
- Decreased risk of leg length discrepancy

About Richard Buch, M.D.

Dr. Richard Buch has been successfully performing complex joint replacement for over 25 years, he has performed over 11,000 hip, knee, and shoulder replacements. Dr. Buch is a noted researcher and author in the areas of bone and joint studies. He has published numerous orthopedic journals and is sought after by orthopedic implant companies to teach courses in joint replacement techniques.

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