

Essential Elements of Tantra to be Featured on Close-Up Talk Radio

TORONTO, ONTARIO, CANADA, July 17, 2014 /EINPresswire.com/ -- There's a fundamental misconception in our modern culture that sex is strictly about sexual release or gratification. Indeed, nothing could be further from the truth.

Mary Anne Marlow, better known as "[Dakini](#)," is the founder of Essential Elements of [Tantra](#), a healing studio dedicated exclusively to intimate one-on-one healing touch. As Canada's original temple for sexuality exploration, Essential Elements' mission is to dispel sexual shame through education, allowing clients to feel comfortable both as a giver and receiver of sensual pleasure.

"Tantra is a meditation, yoga and lifestyle designed to awaken our highest energy, our sexual energy," says Dakini. "I built this practice based solely on my belief in this system and this lifestyle."

According to Dakini, Tantra is not really about sex, but rather embracing life itself. It's about making life more vibrant, more colorful. When you add tantric energy to

your sexuality and your partner does the same, it can elevate your relationship in a profound way.

"People misunderstand the concept," says Dakini. "They hear Tantra and think it's something they "try." But it's much bigger than that. It's a lifestyle. When we look at the elements that go into living a tantra lifestyle – exercising, nutrition, essentialist lifestyle, seductive art, listening and reading erotica poetry – it's about stimulating all our senses toward vibration and true ecstasy."

The brain is the biggest sex organ in the body, particularly in women. Dakini says the majority of her clients are male seekers who want to better understand their partner's desires.

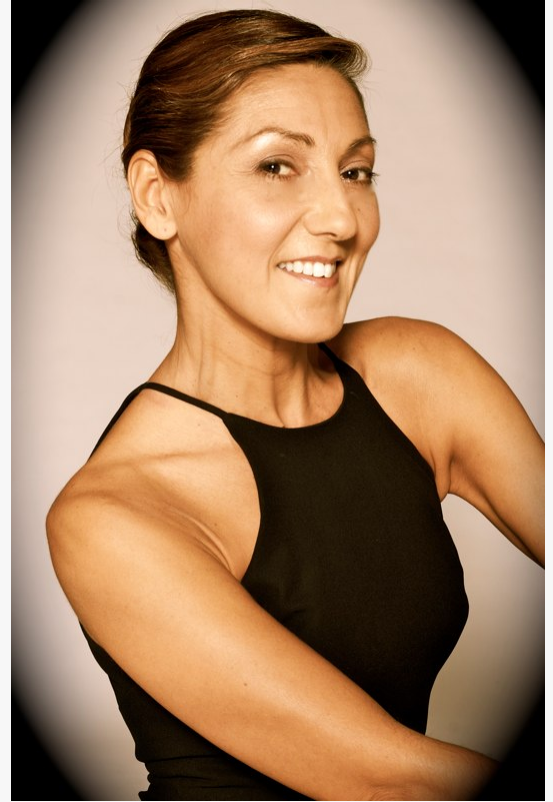
"When a seeker first comes in, they're looking for a better understanding of their sexuality and a place where they can grow and evolve," says Dakini. "When we bring Tantra into an intimate environment with our partners, it stimulates our sexual energy. We become more aware of each other's vibrations. It's arousing."

Close-Up Talk Radio will feature Dakini in an interview with Jim Masters on July 21st at 10am EST.

Listen to the show <http://www.blogtalkradio.com/closeuptalkradio>. If you have a question for our guest, call (347) 996-3389.



For more information on Dakini, visit
<http://www.costaricaelitetantra.com>



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