

Lucas Robak of Skillset Life Coaching to be Featured on Close-Up Talk Radio

MILWAUKEE, WISCONSIN, USA, July 17, 2014 /EINPresswire.com/ -- Inside every one of us is a cliff: on one side of the cliff is fear; on the other side is confidence. We can't simply jump from one side of the cliff to the other; we have to build a bridge. Once that bridge has been built, there is no longer any fear and we're able to move forward.

Lucas Robak is a behavior modification coach for Skillset Life Coaching LLC. As a life coach, Lucas hopes to bring motivation and inspiration to the world to find their passions in life and live their true definite purpose. As a life coach, Lucas works with his clients to determine what they want and uses [Neuro-](#)



[Linguistic Programming](#) to help them break down any barriers they may have to meaningful change.

“When trying to consciously break a habit, depending upon the research you read, it will take 18-66 days before you accept the new behavior,” says Lucas. “What NLP does is it goes directly to the source of your behaviors, your subconscious.”

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I want to be the person I wish I had in my life.

Lucas Robak

Lucas works with small business owners to help them improve their time management and organization as well as develop mission statements and goals to achieve what they want to achieve. He also offers [academic life coaching](#) to teenagers in high school to help them build the knowledge and skills to

both succeed and excel.

“I want to be the person I wish I had in my life,” says Lucas.

In addition to working for Skillset Life Coaching, Lucas is also the founder of the Melody of Life Foundation, a 501(c)(3) nonprofit organization dedicated to helping individuals and families living with [Multiple Sclerosis](#) to pay for treatments insurance does not cover. Though the foundation was initially established to help working families pay their children's medical bills and deductibles, Lucas was recently diagnosed with MS and has since changed the charity to focus on individuals suffering from MS.

“I actually see it as a positive,” says Lucas. “For months people have told me I need a platform speech. Then one day six neurologists walk into my room and hand me my platform on a silver

platter. As soon as they told me, my first thought was, 'Finally I have a platform to speak from.'”

Close-Up Talk Radio will feature Lucas Robak in an interview with Doug Llewelyn on July 21st, August 4th and August 18th and 1pm EST and with Jim Masters on July 28th, August 11th and August 25th at 1pm EST.

Listen to the show <http://www.blogtalkradio.com/closeuptalkradio>. If you have a question for our guest, call (347) 996-3389.

For more information on Lucas Robak, visit <http://www.LucasRobak.com> or <http://www.MelodyLifeMKE.org>

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