



Transportation Industry Leader Andy Ahern Calls for Support of St. Mary's Food Bank Alliance

Ahern & Associates Once Again Rallies to Combat Hunger

PHOENIX, AZ, UNITED STATES, July 23, 2014 /EINPresswire.com/ -- Transportation and trucking luminary Andy Ahern has long-supported [St. Mary's Food Bank Alliance](#), the largest food bank in the world. Founded in 1967, St. Mary's was begun by John van Hengel with \$3,000 and an abandoned building. St. Mary's is the world's first and largest food bank, and continues to support those in need. Andy Ahern, founder and CEO of Ahern & Associates, is announcing the launch of his biannual drive for support of St. Mary's.



St. Mary's Food Bank has established strategic hunger relationships with trucking companies, who waive any charge for delivery in order to help respond first to emergencies, providing medical support, food, water, and other supplies in the wake of disasters. 90% of funds raised go to feed families with small children and the elderly. 96¢ of every dollar goes back to the community.

With a donation of as little as \$25, St. Mary's is able to provide 175 meals to families in need. There are upwards of 49 million people who go hungry daily in the United States. St. Mary's founder John van Hengel famously said "the poor we shall always have with us, but why the hungry?" Ahern & Associates CEO Andy Ahern has earned the distinction of being named a Hunger Hero for his fundraising efforts to combat hunger. 2014 marks Andy's 15th year as an avid supporter. He is rallying support throughout the trucking and transportation industry, adding to the \$1+ million he has already raised for St. Mary's, along with industry associates, friends, co-workers, clients and others.

There are numerous programs that St. Mary's Food Bank Alliance has to combat hunger. St. Mary's operates a Community Kitchen, a life skills and food service training program for those with barriers to employment. CK Catering is a program through the food bank staffed by students who are learning the catering business, and Kids Café and Backpack programs help supply children with healthy meals. Mobile Pantry, Hunger Heroes, and Citrus Gleaners are other programs available through St. Mary's Food Bank Alliance as well as those who support the group's cause.

In addition to his team, associates and clients, Andy Ahern leverages his video podcast and weekly newsletter, The Ahern Advisory — with a readership nearing half a million people — to rally his readers to give their support to the St. Mary's Food Bank Alliance. With 1 in 4 American children living in poverty today, Ahern & Associates continues to support St. Mary's Food Bank Alliance and extends his call to action to those throughout the transportation industry.

To donate to St. Mary's Food Bank or to learn more, please visit <http://www.firstfoodbank.org>.

For more information on Ahern & Associates, please call 602-242-1030 or visit <http://www.ahern-ltd.com>.

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About Ahern & Associates, Ltd.

Ahern and Associates is North America's leading trucking and transportation management consulting firm. The skilled consultants at Ahern and Associates specialize in mergers and acquisitions of trucking and logistics companies as well as the restructuring and evaluation of existing carriers that seek to increase operating efficiency and improve profitability. Since 1987, Ahern and Associates has aided hundreds of buyers in the acquisition of trucking and logistics companies throughout the U.S. and Canada as well as assisting many transportation and logistics companies in reducing their overall operating costs and increasing their profitability.

For more information, please call 602-242-1030 or visit <http://www.ahern-ltd.com>.

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