

Polaris Chief of Research Presents to IOM on Health IT's Role in Advancing Evidence-Based Practices

Polaris's Dr. Grant Grissom participated in a panel last week hosted by the Institute of Medicine to reflect on the future of outcomes assessment technology.

WAYNE, PA, USA, July 28, 2014 /EINPresswire.com/ -- With intense pressure on the health care delivery system to demonstrate accountability, including linking patient outcomes and effectiveness of care to cost savings, the health IT field is no longer waiting on the sidelines.



Poised to become the rule rather than the exception is the use of health IT to support evidence-based best practices for psychosocial interventions.

Last week, Grant Grissom, Ph.D., co-founder and chief of research of Polaris Health Directions, participated in a panel discussion hosted by the Institute of Medicine. He spoke about the development and use of Polaris's cloud-based enterprise system to track the delivery and outcomes of [evidence-based psychosocial care](#), and support shared-decision making. Polaris was the only private sector organization invited to address the IOM committee on the ways assessment technology can enable the implementation of [evidence-based practices](#) in behavioral health.

"Health technology can facilitate the delivery of best practices, monitor their continued effectiveness and generally promote a measurement-based approach to treatment," said Dr. Grissom, discussing his comments from the panel. "Polaris systems are a paradigm for this model with its support for major evidence-based practices, including [Motivational Interviewing](#), Outcomes-Informed Care and Screening, Brief Intervention and Referral to Treatment (SBIRT)."

During the panel discussion, Dr. Grissom only just touched on the promise of health IT. Polaris is forging the path forward with its innovative science and nearly two decades of experience in outcomes management technology as it continues to bring to market comprehensive platforms to support behavioral and integrated health care.

The panel was part of a larger meeting organized by the IOM's Committee on Developing

Evidence-Based Standards for Psychosocial Interventions for Mental Disorders. The intent of the committee is to design a framework for establishing the effectiveness of psychosocial treatments and identifying the elements of treatments that are most likely to lead to better mental health outcomes and that can be tracked as performance measures.

For more information on Polaris Health Directions, please send an email to moreinfo@polarishealth.com or visit <http://www.polarishealth.com>.

About Polaris Health Directions

Polaris Health Directions has been a pioneer in the development of behavioral health assessment and outcomes management platforms for nearly two decades. Polaris's enterprise cloud-based systems capture the information essential for determining the best course of care. Their advanced analytics help organizations execute quality improvement initiatives, apply needed services, identify cost reduction opportunities and, in many cases, indicate whether a particular course of treatment is likely to have a positive result. Systems are available for a wide range of health care settings; all support interdisciplinary coordination. By recognizing the nexus between psychosocial health and physical health, Polaris offers powerful solutions for better health care delivery. Learn more: <http://www.polarishealth.com>

Press release courtesy of Online PR Media: <http://bit.ly/1rYz0hC>

Jesse Nankin
Polaris Health Directions
215.359.3901
[email us here](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/215923587>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2024 Newsmatics Inc. All Right Reserved.