

Proudly Announcing Ebook Titled "Patient's Perspective on Preparing For a Total Knee Replacement Surgery

Sharing personal insight about properly preparing for a total knee replacement surgery. Contains valuable information, exercises, and check lists.

SEATTLE, WA, USA, August 11, 2014 /EINPresswire.com/ -- Booktoots' Healing, with a readership



Getting ready for a total knee replacement is more than just scheduling a surgery date or sitting in support groups and talking about it."

Marie Buckner

base of over 271,000 people, is pleased to announce the release of the updated ebook titled "Preparing for a <u>Total Knee Replacement</u>". A total knee replacement can be one of the most trying and tiring of surgeries to undergo. Preparing properly before it can save time, frustration and money.

After going through the entire ordeal herself, Marie Buckner decided to write this ebook to help ease the process for others going through the same surgery. Nowhere did she read or hear about what to do if the doctor cancels the day of surgery,

cancels another date and reschedules the surgery another month ahead, making her go through the pre-op medical process twice within a two-month period. Her keen insight provides a first-hand experience about getting all areas of your life in order to make your recuperation go more smoothly.

"Getting ready for a total knee replacement is more than just scheduling a surgery date or sitting in support groups and talking about it," states Marie Buckner, author of the ebook and owner of Booktoots' Healing. "When I saw how things could have been easier if I was better informed, I figured there were others out there who could benefit from my first-hand experience. So much information just wasn't there, either online or offline, and I didn't have access to support groups or people who had the surgery. That's when I decided to write the book."

TKR pre-op book is available in different formats including Kindle, PDF, and large print. For ordering instructions and information on total knee replacement, go online to http://www.booktoots.com. The ebook is also available through different publishers, as described on the website.

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