

# Roger Pollock Offers Tips for Coaching Little League

*Roger Pollock has mentored and coached many young people, and shares tips for success.*

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/EINPresswire.com/ -- [Roger Pollock](#) is a successful Oregon businessman with a passion for mentoring young people. He has volunteered his time to troubled young people in an Oregon home for boys, and at other institutions.

This passion to mentor extends into team sports, where [Roger Pollock](#) has for years been active as a coach. He has been involved with youth league teams for his children, and assisted the Lake Oswego High School Football Team. [Roger Pollock](#) is himself a former standout prep athlete who lettered in three sports, and he maintains a strong passion for involvement with youth in all forms.

Roger Pollock draws on his considerable experience to offer the following tips for those adults who are just getting their first experience in coaching youth sports teams.

Apart from running the team in drills that teach the fundamentals of the sports, Roger Pollock says that one of the most important things to remember is that it is best to lead by example. The kids on your team will observe everything that you do, no matter how small, and from what they see will learn what is and is not acceptable behavior. So always demonstrate good sportsmanship, he says, even if things go wrong, like an umpire making a wrong call that goes against you. Your team will not only benefit socially from your positive behavior, says Roger Pollock. It could also lead to them being a better team on the field.

He says that it's important to make sure that all players on the team get equal amounts of respect and playing time. It's inevitable that some kids are going to be better players than others, and as the coach, it will be tempting to always put your best players on the field. Roger Pollock says that a team is only as strong as its weakest link, and that part of the job as a coach is to try to make those weaker links stronger.



Roger Pollock has been associated with many worthy causes, including Big Brothers and Big Sisters, Faith in Action, the St. Mary's Home for Boys, the DePaul Treatment Center, and the Police Activities League.

Roger Pollock says that the kids need to learn that losing is as much a part of competitive sports as winning is, so it is important that the team learns how to cope with defeat. "You don't learn very much from success," he observes. "Your true growth comes from mistakes you make and how you handle them." He says never play the "blame game." Don't tell the kids that the umpire made a bad call, or that the other team just got lucky or even cheated. When you lose a game, he says to take it in stride; let the kids know that on this particular day, the other team did some things better than you did, and that you'll learn from what went wrong and be ready for the next game.

There is no getting around practice. Some kids will love every minute of it while others will get distracted or even a little bored. Roger Pollock says for youth teams, a practice should last no more than two hours. And he says that it's a good idea to save the last half hour or so for something fun that the whole team will look forward to, like a practice game.

But the most important tip says Roger Pollock, is to make sure that everyone has fun.

About: Roger Pollock has mentored and coached many young people, and shares tips for success.

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