

Mary Welch of Serendipity Circles to be Featured on Close-Up Talk Radio

BROOKLYN PARK, MINNESOTA, USA, August 15, 2014 /EINPresswire.com/ -- Each of us is creative, resourceful and wise. When we gather together to share the wisdom we have gained from our life experiences, we empower one another to live our lives from a place of gratitude and joy.

Mary Welch is the founder of <u>Serendipity</u> Circles, a dynamic <u>coaching and</u> <u>facilitation service</u> that designs awareness programs to enrich women's lives. Welch gathers women together in sacred circles to share stories and engage in meaningful rituals to appreciate the wisdom in their experiences.

"I love the word 'serendipity.' It connotes a surprise of the spirit for me, like fireworks," says Welch. "That's what happens in the circles."



Circles are a universal symbol of feminine energy. They create a sense of safety, security and comfort. Serendipity Circles offers women an opportunity to be authentic, to be supported and to explore their divine essence. They walk away with a greater sense of who they are and feel better about themselves and their lives.

"The women that are coming are committed to growing beyond their struggles," says Welch. "They're tired of being overwhelmed and confused. They want feelings that reflect a sense of realization and a sense of fulfillment."

The oldest of 12 kids and six sisters, Welch went to an all-girls catholic high school and an all-girls catholic college. She says really didn't like women, until she was invited to a women's support group.

"From that point I began to fall in love with the essence of who women are," says Welch. "It all started with my realization that my judgments about women were totally unfair. I lacked empathy for other women because I didn't appreciate and honor myself."

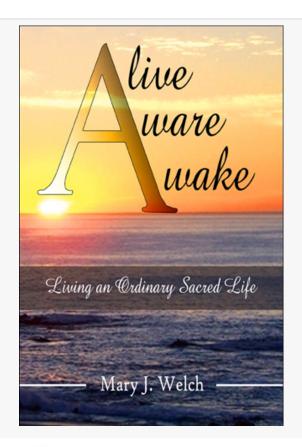
Welch says that the women who come to Serendipity Circles learn that the process of breaking free of that feeling is a spiritual journey

"Women are courageous, confident, curious, conscious, collaborative, compassionate and crazy. We embrace the wisdom of nature. We embrace the wisdom of our bodies and we embrace the wisdom of our creativity," says Welch. "I know the women feel honored, accepted and embraced for who they are and I'm grateful for that.

Close-Up Talk Radio will feature Mary J. Welch of Serendipity Circles in an interview with Doug Llewelyn on August 19th at 2pm EST and with Jim Masters on August 26th at 2pm EST.

Listen to the show http://www.blogtalkradio.com/closeuptalkradio. If you have a question for our guest, call (347) 996-3389.

For more information on Serendipity Circles, visit http://www.serendipitycircles.com







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