

Christina Berkley Coaching to be Featured on Close-Up Talk Radio

BROOKLYN, NEW YORK, USA, August 22, 2014 /EINPresswire.com/ -- Risk is a requirement when striving for the most powerful, passionate life available to you. Only when you're willing to take those risks, beyond your comfort zone, will your truly extraordinary life begin: the life you know you were born for.

Ten years ago, Christina Berkley was married to a wonderful man, living a comfortable upper-middle class lifestyle, but felt something was missing. She decided to leave behind the security and comfort she knew to pursue a path of self-study.

Today, Berkley is the founder of Christina Berkley <u>Coaching</u>, offering private coaching services to help individuals discover the pleasure and deep satisfaction of an extraordinary life.

"I love seeing people as they turn on to their awesome creative powers," says Christina. "Their faces light up when they realize the time to start feeling alive is right now."

Christina works with people who are experiencing major transitions in their life and people who are achieving great things and are ready for more. As a coach, she creates a safe space for her clients to explore their own paths more



deeply. Whatever the primary concern of her clients (relationships, career, success, spirituality, etc.), she dives deep with them to uncover their core strengths and power. Over the course of 6-12 months, clients work with Christina to open their eyes to the possibility that their life can be a sublime experience. Each session begins with the same question, "What is going to make this an extraordinary conversation for you?"

"It's unique and individual for everyone," explains Christina. "Which tool I use is determined by the

person: who they are and what direction they want to go. Some people are really open and ready to take on anything. Others are more reserved. So I meet people where they are, and, there's always a strong bias toward action to change their lives."

Unlike other coaches, Christina says she does not consider herself an "accountability" coach.

"We make very clear agreements," explains Berkley. "If you're at the level to work with me in the first place then you know how to keep your agreements. I'm



not here to check up on you and get you dependent on me to be there to get stuff done. You have to want it more than I do."

"I was a scared little girl, nervous and terrified all the time, and have come a long way to becoming a



The time to start feeling alive is right now. *Christina Berkley* powerful, engaging woman, so I'm extremely proud of that journey and my tenacity to keep moving forward," says Christina. "When you find something that works for you, you want to pass that on. I want to create positive change in the world by inspiring people to create astounding results for themselves and the world around them."

Close-Up Talk Radio will feature Christina Berkley in an interview with Doug Llewelyn on August 26th at 12pm EST

Listen to the show <u>http://www.blogtalkradio.com/closeuptalkradio</u>. If you have a question for our guest, call (347) 996-3389.

For more information on Christina Berkley Coaching, visit http://www.christinaberkley.com

Lou Ceparano Close-Up TV News (631) 421-8500 email us here

This press release can be viewed online at: http://www.einpresswire.com

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases. © 1995-2015 IPD Group, Inc. All Right Reserved.