

Plastic Surgeon Says Survey Results Can Lead to Better Rhinoplasty

Dr. Haresh Yalamanchili, a facial plastic surgeon in Houston, says new research that reveals the "ideal" angle of the male and female nose can teach surgeons.

HOUSTON, TX, USA, August 24, 2014 /EINPresswire.com/ -- Dr. Haresh Yalamanchili (www.belagecenter.com) says research into what constitutes the "ideal" angle of a nose can lead to enhanced results for men and women who undergo rhinoplasty, which the Houston facial plastic surgeon says is one of the most complicated cosmetic procedures to perform.

"Researchers have long tried to establish what a 'perfect nose' looks like by combining the science of geometry with the subjective view of what people consider beautiful," Dr. Yalamanchili says. "These types of studies tend to affirm the approximations plastic surgeons use in rhinoplasty."

The Houston specialist has extensive training and experience in facial anatomy. In addition to being a board-certified facial plastic surgeon, he is also board-certified in otolaryngology, which is a specialty that focuses on treatment of conditions related to the ears, nose, throat, and neck.

In [the study](#), published in June in JAMA Facial Plastic Surgery, researchers showed participants several digital photos of young, white women and asked them to rate the attractiveness of each woman using standardized scales. The authors say it's the first study of its type seeking to determine the ideal angle of a nose for that demographic population.

The result that participants rated the most attractive on average was a nose that's slightly upturned at an angle of 106 degrees. Recognizable women with that feature include Kate Middleton, the Duchess of Cambridge, as well as actresses Scarlett Johansson, Jessica Biel, and Kate Beckinsale, according to an [article](#) about the study published in Time® magazine.

"Past studies have concluded that the ideal nose angle for men is 90 to 100 degrees and 95 to 110 degrees for women," Dr. Yalamanchili says. "So this result falls within that range for women."

As a fellowship-trained facial plastic surgery specialist in Houston, Dr. Yalamanchili says this type of study helps educate younger plastic surgeons in the delicate art of rhinoplasty. Still, he says,

it's important to remember that any "ideal" facial feature may not be appropriate for a specific patient.

"As plastic surgeons, we are treating individuals who each have unique faces and cosmetic goals," he says. "These kinds of studies help provide evidence of what is considered the ideal for a beautiful nose, but I tailor each procedure based on a physical examination of each patient."

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