

Jennifer Powell of Reflections to be Featured on Close-Up Talk Radio

MARATHON, FLORIDA, USA, August 29, 2014 /EINPresswire.com/ -- How often have you heard someone say they are living their dream? Usually when people speak about their dreams they refer to them in the future tense: "One day I'm going to..." When life gets in the way, our dreams are often the first thing we sacrifice.

But not for Jennifer Powell. After a successful 25-year career in leadership development, helping organizations like Aetna and The Weather Channel improve the way they utilize their employees and train leaders, Powell left it all behind to fulfill her lifelong dream of working with dolphins at the Dolphin Research Center in Grassy Key, Florida.

The experience inspired Powell to establish [Reflections](#), an independent coaching practice specializing in leadership and personal life transition coaching. With Reflections, Jennifer leverages her skills and experience to help individuals discover their passions to lead more effectively and live a more purposeful life.



"Reflections is the practical approach to dreaming," says Jennifer. "Most of my clients are in transition somewhere. I try to help people live their dreams by getting them connected to their passions."

According to Jennifer, organizational development is about helping companies understand their employees are their most valuable resource. Life coaching is based on the same idea: you are the most valuable person in your life. Whether you're unsatisfied in your relationships or attempting to make a career change, it's easier to navigate transition if you value yourself. Jennifer helps her clients gain clarity on the life they want to live by teaching them how to channel their passion and energy into a practical plan that will

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get them where they want to be.

“Sometimes it’s about reminding them what the goal is so they can see it clearly and don’t lose sight of it. Sometimes it’s about determining what’s holding them back from taking the steps they need to take to get there,” says Jennifer. “The goal of coaching is to keep you moving so your life is as productive as you want it to be.”

Close-Up Talk Radio will feature Jennifer Powell in an interview with Doug Llewelyn on September 2nd at 12pm.

Listen to the show <http://www.blogtalkradio.com/closeuptalkradio>. If you have a question for our guest, call (347) 996-3389.

For more information on Reflections, visit <http://www.reflectionskoaching.net>

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