

Naples Physical Therapy Facility Now Offering Kyphoplasty Procedures To Ease Pain Of Spinal Fracture

Jaffe Sports Medicine in Naples is offering Kyphoplasty as a pain management treatment for spinal fractures and compression caused by Osteoporosis.

NAPLES, FL, USA, August 30, 2014 /EINPresswire.com/ -- [Jaffe Sports Medicine](#) of Naples, FL is now offering Kyphoplasty [procedures](#) to help patients who suffer from compressed or fractured vertebrae regain mobility and obtain pain relief. The procedure has proven to be an effective treatment for Osteoporosis and has even been used to treat vertebrae that have been damaged by cancer.

"Kyphoplasty sets the damaged vertebrae from the inside. It's essentially an internal cast that works by forcing the vertebrae back into its natural position and sealing cracks and fractures. It's very effective against Osteoporosis, which weakens the bones and leads to fractures. The procedure itself is relatively quick, taking about an hour per vertebrae," said [Dr. Peter Jaffe](#) of Jaffe Sports Medicine (<http://jaffesportsmedicine.com>).

During the Kyphoplasty procedure, the physician uses orthopedic balloons to inflate the inside of damaged vertebrae. This has the effect of raising the compressed or fractured vertebrae back up into a more natural position. Once the vertebra has been positioned correctly, bone cement is used to repair the fracture and hold the vertebrae in place. Pain-relief can be immediate, since the procedure relieves the pressure that was on the vertebrae, which was causing the patients' pain. Recovery time is minimal with patient resuming normal activities within days of the procedure.

"Ultimately, our goals in using Kyphoplasty are to reduce pain, restore vertebrae height and stabilize the bone. We can best accomplish these goals when the procedure is done within 8 weeks of receiving the fracture or injury. Most patients will undergo Kyphoplasty in conjunction with other treatments that help alleviate pain and restore mobility. This is especially likely if the injury was caused by Osteoporosis," said Dr. Fernando.

Additional treatment options for Osteoporosis include physical therapy as well as vitamin and mineral supplements to help strengthen weak bones. Jaffe Sports Medicine's board-certified physicians and licensed physical therapists develop customized treatment plans to help patients manage their pain, focusing on treating the root cause of the pain, not just minimizing

symptoms experienced by the patient.

The clinic is equipped to perform Kyphoplasty procedures on site as part of a patient's comprehensive treatment plan. The physical therapy facility specializes in pain management and rehabilitation, utilizing the latest techniques and treatments to help their patients recover from acute and chronic injuries or conditions.

To learn more about Jaffe Sports Medicine or Kyphoplasty call 239.254.7778 or 239.331.8551 to set up an appointment or visit their website at www.jaffesportsmedicine.com.

About Jaffe Sports Medicine:

Jaffe Sports Medicine Physicians and therapists provide physical therapy and pain management to patients suffering from acute and chronic pain as a result of, diseases, injuries, or following surgical procedures. They provide comprehensive diagnosis and a wide variety of customized therapy options all performed by highly trained board certified and fellowship trained physicians and licensed therapists.

Scott Upton

Upton Technology Group

239.567.9100

[email us here](#)

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