

Vastu Expert Karen Andersen of Designed for Prosperity to be Featured on Close-Up Talk Radio

SEATTLE, WASHINGTON, USA, September 25, 2014 /EINPresswire.com/ -- It is a fact that our lives are filled with clutter, and that clutter can impact us in many different ways, including our finances and our relationships. Clutter holds a heavy energy that prevents us from even wanting to clear it. We adjust to the clutter when we ought to be focusing on removing it from our lives.

In order to effectively remove this clutter from our lives, we must first appreciate the importance of energy flow. Karen Andersen, founder of Designed for Prosperity, specializes in the ancient practice of [Vastu](#) to align you, your home and your business to the forces of nature.

Vastu first began in India over 7,000 years ago as an architectural method for designing temples and cities. According to the basic tenets of Vastu, structures interact with the cosmic forces of our planet: solar energy, magnetic energy from the north and east, as well as the effects from the moon and other planets.

Karen explains, "Vastu is like yoga for your home or business. It brings beauty and balance to a person's life, relieving their stress and increasing their productivity."

"A personal example is when you receive an acupuncture treatment. The needles are placed in your meridians to release where the energy is blocked, resulting in less pain. I help people understand that their home and their work environment are alive; they are a living breathing organism."

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Karen Andersen

Like [Feng Shui](#), the goal of Vastu is to remove energy blocks in a structure and improve the flow of energy throughout the building so its occupants can feel more comfortable, more prosperous, successful and healthier. After a simple Vastu consultation, people usually sleep better, have more focus and procrastinate less often.

"People can and do sense the energy in a room," explains Karen. "With this in mind, I unblock the energy so it flows freely throughout the space. After I clear and correct the energy flow in your home or business, you will feel like you are swimming with the current instead of fighting against it."



For example, when energy is blocked in the northeast area of your home, this will affect your prosperity. If energy is blocked in the northwest, this affects your relationships. Once the energy in a home is properly aligned, this will help make life easier, smoother and more graceful. It can welcome new unexpected opportunities and bring harmony back to your relationships.



“I’m grateful that I can affect positive change in people’s lives by helping to reduce stress in their homes or work environments,” says Karen. “If you’re still not sure, clear out and organize any clutter that may be under your bed. Clutter under the bed drains the energy needed to rejuvenate and prepare us for the next day’s adventures that are waiting to be discovered.”

Close-Up Talk Radio will feature Karen Andersen in an interview with Doug Llewelyn on September 29th at 12pm EST.

Listen to the show <http://www.blogtalkradio.com/closeuptalkradio>. If you have a question for our guest, call (347) 996-3389.

For more information on Designed for Prosperity, visit <http://www.designedforprosperity.com>

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