

Rochelle Valasek of Awake to a New Life to be Featured on Close-Up Talk Radio

MURFREESBORO, TENNESSEE, USA, September 25, 2014 /EINPresswire.com/ -- If we do what God intended us to do we will see the blessings manifest in our life.

Rochelle Valasek is a [Life Purpose Coach](#) and the founder of [Awake to a New Life](#), a coaching practice dedicated to helping women achieve spiritual health through God's unconditional love. Rochelle coaches her clients according to God's word and works with them one-on-one to develop a plan and purpose that works for them.

"The women I work with, many of them do not love themselves. The only way to love yourself is to accept the unconditional love of God," says Rochelle. "I want to help women laugh at themselves and see the beauty in themselves that God sees. I want women to know what their worth really is."

As a Life Purpose Coach, Rochelle brings out the best in her clients by guiding them toward the path God has set for them. Together, you'll learn what gifts and talents you have been blessed with by God and investigate how God wants you to use your gifts and talents.

Still, before you can find your ministry, you first need to identify what is preventing you from fulfilling your purpose.

"Many of the women who come to me will say, 'I don't understand my purpose. I don't know what God wants me to do.' It's often because there's something in their life that's keeping them stagnant," explains Rochelle. "Only when you are no longer stagnant can you determine your purpose and pursue it until it's your reality."



Rochelle says ever since she was little, she was in stage in front of a microphone or a camera. Today, in addition to her work as a coach, Rochelle is also an inspirational speaker.

"I love to make women laugh and move them to the point where they find the 'Aha moment,' their walls are broken down and their heart is naked," says Rochelle. "I want them to walk away with tools. I don't want to give them a high and the next day they're back to where they were. I want them to remember to let God mold you."

Close-Up Talk Radio will feature Rochelle Valasek in an interview with Doug Llewelyn on September 29th at 2pm

Listen to the show <http://www.blogtalkradio.com/closeuptalkradio>. If you have a question for our guest, call (347) 996-3389.

For more information on Awake to a New Life, visit <http://www.rochellevalasek.com>

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