



# Chew on This: A Chewing Gum Named Tranquilazen PM May Bring PMS and Menstrual Insomnia Suffers Relief!

*Octavius Smith the drugs designer explains how Tranquilazen and Tranquilazen PM could help women in their monthly battles with PMS and menstrual insomnia.*

SAN JOSE, CALIFORNIA, USA, October 17, 2014 /EINPresswire.com/ -- For women with premenstrual syndrome, or menstrual insomnia medical marijuana may be just what they need to alleviate these symptoms.

It's no secret that millions of women suffer from PMS, and sleep problems attributed to PMS can make it even harder to get the recommended rest. When the only other option is to heavily medicate with ibuprofen, more women are turning to MMJ to relieve their monthly problems.

Tranquilazen aids a plethora of medical conditions, including premenstrual syndrome (PMS) and menstrual insomnia (MI). Studies have shown that up to 85% of women suffer from at least one of the symptoms these disorders may bring.

In the 1800s, cannabis was a common medicine use to alleviate menstrual cramps, general pain, anxiety and menstrual insomnia. It went out of fashion as marijuana use became regarded as a reckless option, though it has been phased back in as the legal and societal approval of medical marijuana use increases.

"Treatments for PMS and MI typically include pain killers, muscle relaxants and anti-depressants. Pain killers can become addictive and do long-term damage to the liver and kidneys," Octavius Smith the drugs chief researcher and designer shared. "Additionally, cannabis is not physically addictive or as harmful to the human body."

In a telephone interview from Houston, Octavius explained exactly what Tranquilazen and Tranquilazen PM was and how they could help women in their monthly battles with PMS and MI. "Anyone who picks up a newspaper or reads a medical journal already knows that marijuana is a great medicine for chronic pain, and many of the symptoms of PMS fall under The American Chronic Pain Association's list of chronic pain conditions. It seems it's the scientific community that has to catch up with what's going on with medical marijuana.

So maybe I should start my explanation of our product for those in the scientific community first." Smith paused for a second and then in what seemed like one breath of air while reading a tel-prompter, he continued, "This invention is a Chewing gum medication called Tranquilazen. Its pronounced Tran/quil/a/zen. It's a pharmaceutical composition comprising the phytocannabinoids tetrahydrocannabivarin (THCV), cannabidivarin (CBDV), cannabidiol (CBD), and in particular the presents of thetetrahydrocannabinol (THC), along with terpenes, made into a liquid phytocannabinoid slurry compounded into a chewing gum casting compositions.

"Now for us regular folks", he continued, "Tranquilazen is a chewing gum medication. Meaning it's taken by mouth and chewed just like bubblegum. Chewing gum medication can be especially

effective. Studies have shown that oral/mucosal delivery is one of the most effective ways to take medication. When you swallow a pill, the medication is absorbed by the intestinal lining, and goes through several bodily "filters" before getting to your brain so it can affect you. Oral/mucosal delivery of medications bypasses most of these filters, so bio-availability of active ingredients in chewing gum, is much higher than in swallowed pills — up to 90 percent."

Tranquilazen, can alleviate pain, improve mood, stimulate sleep, and generally help a woman's outlook during this difficult time in her cycle. All without the side effects of prescription drugs like anti-depressants and The Z-drugs, which include Lunesta, Ambien, and Sonata. Tranquilazen is a safe and natural medicine for premenstrual syndrome, menstrual insomnia, as well painful cramps and bloating during a woman's period.

The best approach to PMS and menstrual insomnia is to use along with Tranquilazen or Tranquilazen PM holistic approaches such as ones that addresses the underlying causes, including a hormone-balancing diet, stress management; and natural supplements that help balance your cycle. These and other natural approaches to PMS can help with sleep disorders like menstrual insomnia and other premenstrual symptoms.

About the designer:

Octavius Smith helped establish and actively consults a 55k member medical marijuana dispensary The Purple Lotus Patient Center in San Jose CA. Octavius is the inventor of four revolutionary medical marijuana patents. Knoxavarin, [Xanavarin](#), Cannimal Crackers a veterinarian pharmaceutical supplement, Tranquilazen and Tranquilazen PM. All being sold in medical marijuana dispensaries already.

About the Company:

Tranquilazen is a registered trademark of Emerald Strips which is a subsidiary of Emerald Rush Holdings Inc. a bio-pharmaceutical company focused on R&D and commercializing novel therapeutics from its proprietary cannabinoid infused products.

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