

Friesen Press Announces "Be All You Can Be"

by Shawn E. Hamilton

VETERAN PLEADS: DO NOT BLINDLY SACRIFICE YOUR LIFE FOR YOUR COUNTRY!

Author Publishes WWII Pilot Father's Legacy and Warning

SACRAMENTO, CA, USA, October 19, 2014 /EINPresswire.com/ -- SACRAMENTO, 19 October, 2014—The belief that it's noble to support the nation's military regardless of circumstances will perhaps always prevail. It's a seductive patriotic ideal, but over the course of our nation's history, the US military has been increasingly used to protect the interests of the rich and powerful rather than liberty and justice for all. Journalist Shawn Hamilton has written his new book, *Be All You Can Be*, as a wake-up call to the nation, using his WWII veteran father's story as the revelry bugle.



Shawn E. Hamilton

Shawn's father, Ralph Hamilton, joined the Southern California Military Academy as a child in the 1920s and retired from the Air Force Reserves as a major in good standing 40 years later. He eventually denounced hegemony—US hegemony and that of all contenders—and with this book, Hamilton hopes you will do the same. *Be All You Can Be*, published by FriesenPress, is written as the memoir of Hamilton's father, Ralph, showing over years how the military man's philosophical outlook drastically transformed— from letters Ralph wrote to his parents as a pilot during WW2 to interviews during the pivotal 1960s when Ralph's thinking reversed as the Vietnam War unfolded. More than a memoir, *Be All You Can Be* is a statement—that those

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Major Ralph E. Hamilton

who pull the strings use them to tug us to war for their own self-interested gains rather than for society's protection or benefit.

"A person who is willing to sacrifice his life 'for his country' is merely a dupe in the profit game of the military-industrial complex," said Major Hamilton in 1976. "A man who has the courage to stand up against such twisted idealism and refuse to be sacrificed for profiteers is no coward."

Be All You Can Be is available to order from FriesenPress.com/bookstore, Amazon, Barnes & Noble, Kepler's, and most other major book retailers. The e-book edition is available from Amazon's Kindle,

iTunes Bookstore, Google Play, Barnes & Noble's Nook, and Chapters/Indigo's Kobo.

About the Author

Shawn Hamilton's primary vocation is teaching, but he has also served as a capitol reporter in Sacramento for Pacifica Radio and has written for the Sacramento Bee and other local publications. He is dedicated to the development of Buddhist principles in the West.

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